



# Heart to Heart

Newsletter of the Sacred Heart of Jesus Parish, Luton – Registered Charity Number 234091  
Province of Westminster, Diocese of Northampton, Deanery of St Alban

## SIXTH SUNDAY IN ORDINARY TIME Psalter Week 2 - Year C – Sunday 13<sup>th</sup> February 2022

**Parish Priest:** Fr Mirek Misiura  
**Parish Deacon:** Rev James Bannan  
**Parish Secretary:** Bernadette Horsted  
**Email:** parish.sacredheartofjesus@northamptondiocese.org  
**Address:** 148 Ashcroft Road, Stopsley, Luton, Beds., LU2 9AY  
**Parish Info:** www.sacredheartluton.org  
**Diocesan Info:** www.northamptondiocese.org

**Parish Office:** 01582 723099  
**Sacred Heart Primary School:** 01582 730781  
**Cardinal Newman School:** 01582 597125  
**L&D Hospital Chaplain:** 01582 663706  
**Hospice Chaplain:** 01582 502400  
**Pastoral Area Info:** www.lutonpastoralarea.org  
**Free Redundancy Coaching Info:** www.vitaeopus.co.uk

**NEW COVID GUIDANCE FOR PARISHES:** The latest Diocese of Northampton Covid Parish advice (based on the Catholic Bishops of England and Wales (CBEW) Covid guidance) is, in summary, that:

- The main mitigation against serious health issues arising from Covid infection is to be fully vaccinated. This means two doses plus a booster for anyone aged 16 or over.
- **IN RELATION TO MASS ATTENDANCE:**
  - **Any people displaying symptoms of Covid-19 should stay at home and not attend**
  - Wearing a face covering (both nose and mouth) continues to be encouraged
  - Ministers distributing Holy Communion (clergy and lay people) should hand sanitise
  - Ministers may continue to wear face coverings when distributing Holy Communion
  - Holy Communion must continue to be given under one kind only (the Sacred Host)
  - Social distancing is optional with sensitivity to the needs of others encouraged
  - Use of hymn books, missals and other worship aids can be resumed
  - It is still good practice to sanitise hands on entry and exit of churches
  - Congregations are encouraged to wear face coverings while singing
  - Good ventilation should continue, balanced against the need for heat
  - The usual forms and frequency of church cleaning are sufficient

**PARISH OFFICE:** The Parish Office is open Monday, Wednesday and Friday from 10.00am until 12 Noon. When leaving a voicemail message please state the date and leave a contact number.

**SECOND COLLECTION:** This weekend there will be a Second Collection for Racial Justice.

**WEEKDAY MASSES:** Morning Masses throughout the week will be at 9.30am on Tuesday, Wednesday, Thursday and Friday. Please check the weekly Newsletter for the Mass Intentions.

Saturday 12 <sup>th</sup> February	11-11.30am 6.30pm	Confessions Paddy Walsh RIP	<b>Our Lady on Saturday</b>
Sunday 13 <sup>th</sup> February	9.00am 11.00am	Elzbieta & Andrzej Grzegorzewscy RIP Michael Bruce RIP (1 <sup>st</sup> Anniversary)	<b>SIXTH SUNDAY OF THE YEAR</b>
	<b>BAPTISM: 12.30pm</b>	Charlie Gerard Watton-Pryce	<b>Day of Prayer for Racial Justice</b>
Monday 14 <sup>th</sup> February	NO MASS		<b>SS Cyril &amp; Methodius</b>
Tuesday 15 <sup>th</sup> February	9.30am	Rose Grealis RIP	
Wednesday 16 <sup>th</sup> February	9.30am		
Thursday 17 <sup>th</sup> February	9.30am		<b>The Seven Holy Servites</b>
Friday 18 <sup>th</sup> February	9.30am	Margaret Gralton RIP	
Saturday 19 <sup>th</sup> February	11-11.30am 6.30pm	Confessions Jim & Chris Bannan (Intentions)	<b>Our Lady on Saturday</b>

Entrance Antiphon	<b>Be my protector, O God, a mighty stronghold to save me. For you are my rock, my stronghold! Lead me, guide me, for the sake of your name.</b>
Psalm Response	<b>Happy the man who has placed his trust in the Lord.</b>
Gospel Acclamation	<b>Alleluia, alleluia! Blessed are you, Father, Lord of heaven and earth; for revealing the mysteries of the kingdom to mere children. Alleluia!</b>
Communion Antiphon	<b>They ate and had their fill, and what they craved the Lord gave them; they were not disappointed in what they craved.</b>

**CONFESSIONS:** Every Saturday at 11.00-11.30am.

**DAY OF PRAYER:** During this period of Ordinary Time, we are asked to pray especially for Racial Justice on the 13<sup>th</sup> February.

**FIRST HOLY COMMUNION 2022:** Please note all communication, questions, advice regarding homework, preparation for First Holy Communion etc should be emailed to: [sacredheartlutonfhc@gmail.com](mailto:sacredheartlutonfhc@gmail.com) and not the Parish Office. The Catechists will deal with any First Holy Communion correspondence. Many thanks to Theresa and Oona for taking on such a mammoth task!

**FIRST HOLY COMMUNION 2022:** Parents, please ensure that any homework handed into Fr Mirek or Deacon Jim by children preparing for First Holy Communion is dated and has your child's name written on it. Thank you.

**PREPARATION FOR BAPTISM:** If you wish to have your child baptised in 2022 at Sacred Heart Church then please speak to Fr Mirek or Deacon Jim after Sunday Mass. A Baptism Preparation Class **must be undertaken** before Baptism can go ahead. Dates for Baptism Preparation Classes are advertised on the Noticeboard. All classes start promptly at 3.30pm. Please note the next Baptism Preparation Class takes place on Saturday 26<sup>th</sup> February 2022. Please speak to Deacon Jim to book your place.

**WELCOME:** Charlie Gerard Watton-Pryce who is to be baptised into the community of the Sacred Heart of Jesus Parish this weekend.

**VOLUNTEER SAFEGUARDING REP REQUIRED FOR SACRED HEART PARISH:** Please contact Fr Mirek or the Parish Office if you are interested in this role to discuss further.

#### **NOAH: TRUSTEE BOARD – CHAIR AND TREASURER ROLES**

**What could you bring as the Chair or Treasurer of a charity that is passionate about supporting people who are experiencing homelessness, extreme poverty, and other disadvantages to make positive changes in their lives?**

**Chair of the Board of Trustees:** NOAH's current Chair is to take on the Vice-Chair role after a long period of dedicated service at the helm and NOAH is now looking for a committed and motivated individual to help steer NOAH through a time of exciting opportunity and development. The new Chair will have the experience, networks and drive to lead long-term development and significant growth, someone able to be a strategic lead, while ensuring NOAH honours, lives and breathes our values and belief in the inherent dignity of people.

**Treasurer:** Looking for a new Trustee who will take on the role of Treasurer. The role is both a strategic position, working with fellow Trustees and the charity Senior Leadership team on developing a financial strategy to support ambitious growth plans, and a tactical position, involving oversight of the charity's finances and financial operations. The Treasurer is Chair of the Finance Committee.

This is an exciting opportunity to join the Board of a successful and ambitious organisation making a significant impact on the lives of some of the poorest people in society. If you would like to play a leading part in shaping in the future of NOAH in either of these key roles, then NOAH would be delighted to hear from you. NOAH is committed to equality and strongly values diversity. Working within particularly diverse areas, it is important that the Board is representative of the communities that NOAH serves. NOAH would particularly welcome applications from women and people from an ethnic minority background who are currently under-represented on the Board.

For further information or to apply please contact Lucinda Shaw at Eastside Primetimers via email at [lucinda@ep-uk.org](mailto:lucinda@ep-uk.org). Application is by CV and a supporting letter, which should indicate which role you are interested in and why, and how you meet the role requirements. In order to allow you to have every opportunity to demonstrate your skills, ability and potential; please contact Lucinda if you require any assistance or adjustment in making the application process work for you.

The closing date for applications is Friday 4th March 2022.

**VACANCY:** Help with personal care for an elderly lady within the Sacred Heart Parish Catchment area. Tasks will include assisting with bathing/showering/dressing. Help required, preferably 7 mornings from 8.30am, but would be flexible and happy to discuss receiving help 5 mornings a week with the right applicant. Hours and payment to be discussed and agreed with the lady's husband and family. If you are interested and can provide care in a way that is discreet and respectful then please, in the first instance, forward the following information to the Parish Office: name, contact number and details of your relevant work experience in the Care, Home Help or Nursing profession. Your details, in confidence, will be forwarded to the family.

**NEEDLE PHOBIA WORKSHOP:** Total Wellbeing Luton will host a face-to-face Needle Phobia Workshop at Hightown Community Sports and Arts Centre, Concorde Street, Luton, LU2 0JD on Monday 28<sup>th</sup> February at 6.00pm. Their goal is to help as many people as possible overcome their needle phobia fears so that they can receive the covid/flu jab, donate blood, attend blood tests etc. The workshop will be led by trained therapists and NHS nurses will be on hand to speak to everyone who attends. No need to book you can just turn up or if you wish to register then feel free to phone 0300 555 4152 to discuss further.

**PACT INVITATION:** Sir Harold Hood Memorial Lecture, Thursday 24<sup>th</sup> February 6-8.30pm at Westminster Cathedral Hall, London. The lecture will be given by Professor Anna Rowlands: Reimagining Human Dignity in Dark Times. There will be some spoken word poetry from a former prisoner and a short film of two former prisoners talking about their lives and their faith. For further information and booking registration visit [www.prisonadvice.org.uk/Event/sir-harold-hood-memorial-lecture-2022](http://www.prisonadvice.org.uk/Event/sir-harold-hood-memorial-lecture-2022)

**HAVING FUN HELPING OTHERS:** Luton Catenians are organising 'Masquerade – a fun evening of opera' on Saturday 26<sup>th</sup> February at Holy Ghost Parish Centre, 33 Westbourne Rd, Luton LU4 8JD in aid of NOAH, the Luton-based charity working across Bedfordshire offering hope and support to people struggling against homelessness and exclusion. Make up a group, bring your friends and book tickets at £32 per head (a price kept as low as possible even though the event is being staged to generate funds for NOAH) via <https://noah-masquerade-opera.eventbrite.co.uk>. See the Poster on the Noticeboard in the Foyer.

**LUTON DEANERY MARRIAGE COURSE:** Saturday 26<sup>th</sup> February 2022 10.00am to 4.00pm at St. Joseph's Parish Centre. If you are planning to marry next year, please book your place by downloading a booking form at [www.stjosephschurchluton.org.uk](http://www.stjosephschurchluton.org.uk) by Friday 18<sup>th</sup> February 2022.

**TREE PROJECT:** You are invited to attend an event at Stopsley Baptist Church, St Thomas' Road, Luton, LU2 7XP on Wednesday 23<sup>rd</sup> February 7.00pm-9.00pm to learn more about how the TREE project aims to tackle concerns around violence and the criminal exploitation of children and young people in our communities. For further information please contact: Gareth Williams 07740 457985 or Bernie Dunne 07919 111827. (Please see the Poster on the Noticeboard.)

**DIFFICULTY WITH HEATING COSTS – SMALL GRANT:** Supported by the Bedfordshire and Luton Community Foundation, Luton Irish Forum will be making small grants to people who are having difficulty with their heating costs or need other small essential items. Anyone who is interested should call 01582 720 447 or email [info@lutonirishforum.org](mailto:info@lutonirishforum.org)

**MASS FOR THOSE WITH SPECIAL NEEDS:** Mass will be held at St Martin de Porres Catholic Church, Leagrave High Street, Luton LU4 0NG on Sunday 20<sup>th</sup> February at 3.00pm. New families always welcome. Contact Sean 07930305362 for further information.

**FIRST SATURDAY OF THE MONTH DEVOTIONS:** In Reparation to the sins committed against the Immaculate Heart of Mary - On the first Saturday of each month there will be Adoration and Confessions starting at 11am, Rosary at 11:30am and Holy Sacrifice of the Mass at 12 noon. Please attend and encourage relatives and friends to attend. The next Saturday devotion will take place on Saturday 5<sup>th</sup> March 2022. Website for further information <https://fatima.org/first-saturday-devotion/>

**LUTON FOODBANK:** Food donations (non-perishable) can be placed in the boxes in the Foyer.

**MOBILITY AIDS SERVICE:** Unit 11, Kingfisher Business Park, London Rd., Bedford MK42 0NY. This is a service that the British Red Cross provide to families to help them take a loved one out and about if they are frail or have mobility issues. They are also able to supply toileting aids such as commodes and raised toilet seats.

The British Red Cross Mobility Aids Service is the biggest national provider of short-term wheelchair loans: last year they provided 64,500 pieces of equipment to 54,500 people from their 185 outlets. There is a small charge for this service, depending upon circumstances: they offer help and support to those who may not be able to meet the cost. Please be assured that everyone is treated with respect and dignity. To find out more or to book equipment: Tel: 0300 456 1914 or visit <https://www.redcross.org.uk/get-help/borrow-a-wheelchair>

**THE GOD WHO SPEAKS – OUR LITURGY OF THE WORD:** A series of online Zoom sessions exploring the upcoming Lectionary readings and Seasons of the Liturgical Year led by the Liturgical Formation Team. Register in advance email [admin@nores.org.uk](mailto:admin@nores.org.uk) or phone 01582 723312 (Ext 1). For further information, see the Poster on the Noticeboard. Cost: No charge but there will be the opportunity to make a donation.

**NOAH:** NOAH Enterprise is appealing for the following items for their community shops: clothing, shoes, toys and bric-a-brac. If you have any unwanted items in good condition, please consider donating them to either the Lewsey Farm NOAH or High Town NOAH shop. (High Town Shop Tel: 01582 736751 or the Lewsey Farm Shop Tel: 01582 6627737). **Please do not leave items in the blue bins at Sacred Heart Church.**

**MARY'S MEALS:** Urgently needs your help to serve nutritious meals in more schools in South Sudan where 2.2 million children are out of education – the highest rate in the world.

Education across the country has been drastically hindered by years of violence and upheaval, resulting in deep poverty and internal displacement. Life for families is a real struggle, with survival often taking priority over children attending school.

Together, Mary's Meals are already feeding around 70,000 children in South Sudan every school day – but your support is urgently needed to reach more desperately hungry children waiting for Mary's Meals.

For more information please visit: [info@marysmeals.org](mailto:info@marysmeals.org)

**THE CATHOLIC NETWORK:** As Catholic writers, editors and publishers, the Catholic Network team know the importance of good, relevant communication. Please support The Catholic Network by subscribing to their free weekly newsletter at [www.thecatholicnetwork.co.uk](http://www.thecatholicnetwork.co.uk)

**LEGION OF MARY:** Acies Programme, Saturday 26<sup>th</sup> March 2022 – Our Lady of Lourdes Praesidium, at Sacred Heart Church. Opening Prayers and Rosary at 11.00am followed by Mass at 11.30am.

**ANNIVERSARIES:** Please pray for those whose anniversaries occur at this time:  
Baby Gregory Philipps 1987; Julia Sullivan 1988; Oswald Laherty 1989; Alexander Macpherson 1992; Cyril Harrison 2001; Kathleen McCann 2020; Athea Martin 2014; Daniel Locke 1978; Filomena Russo 1993; Brian Foley 1994; Mary Fannin 2003; Leda La Vita 2019; Michael (Mitch) Bruce 2021; Rosalia Giugno 1986; Margaret Foley 1989; Lesley Snook 1992; Albino Pluda 1999; Mary Carrigan 2000; Josephine Coady 1992; Kay Webb 1998; Patrick (Paddy) Walsh 2008; John Money 1970; Anne Shiels 2004; Edward Kafłowski 1987; Mary Nally 2015; Clara Olabisi Ogunde 2011; Alfonso Siggia 1983 ✠ **May their souls and the souls of all the faithful departed through the mercy of God rest in peace. Amen.**