



HEART TO HEART

Newsletter of the Sacred Heart of Jesus Parish
Part of the Diocese of Northampton, Province of Westminster and Deanery of St Alban

16th Sunday - Year A - Psalter Week 4 - 19th July 2020

Fr Mirek Misiura (**Parish Priest**)
Bernadette Horsted (**Parish Secretary**)
Margaret Berry and Pat Abela (**Safeguarding**)

Rev James Bannan (**Deacon**)
Wesley Weekes (**Parish Centre**)
Jenny Dowsett and Sandra Dias (**Pastoral Area Reps**)

Address: 148 Ashcroft Road, Stopsley, Luton LU2 9AY
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Parish Office: ☎ 723099

Sacred Heart Primary School: ☎ 730781
Cardinal Newman School: ☎ 597125
Hospital Chaplain: ☎ 663706
Hospice Chaplain: ☎ 502400

Registered Charity: 234091

While the Holy obligation to attend Sunday Mass continues to be suspended, you are very welcome to attend one of the four public Masses per week in our Church, as indicated in red bold type below.

The capacity of the Church will be considerably reduced to meet the two metre distancing rules to approximately 50 to 60 attendees per Mass so we would encourage use of the Wednesday 9.30am Mass to reduce the weekend numbers.

Attendees from one household can sit together, but must maintain two metre distancing from other individuals and households. Once full capacity has been reached, no more people will be able to enter the Church.

You are advised not to attend Mass if you are medically vulnerable, shielding, living with somebody who is shielding, or if you are over 70 years of age. You must not attend Mass if you have Covid-19 or flu like symptoms.

All Masses during the week not listed in red bold type below will be celebrated by Fr Mirek privately without a congregation. Please do not come to the Church at any times other times, unless you have an appointment with Fr Mirek.

Saturday 18th Public Mass	6.30pm	Jim Rolleston RIP	St Edburga of Bicester
Sunday 19th Public Masses	9.00am 11.00am	Mary McGovern RIP People of the Parish	
Monday 20th		Peter Brereton RIP	St Apollinaris
Tuesday 21st			St Lawrence of Brindisi
Wednesday 22nd Public Mass	9.30am	Ann Cacey RIP	St Mary Magdalene
Thursday 23rd		Joe Byrne RIP and John Bollinger RIP	St Bridget of Sweden Day of Prayer for Europe
Friday 24th		James Hopkinson	St Sharbel Makhlof
Saturday 25th Public Mass	6.30pm	Michael and Patricia Nicholson RIP	St James

Entrance Antiphon	See, I have God for my help. The Lord sustains my soul. I will sacrifice to you with willing heart, and praise your name, O Lord, for it is good.
Psalm Response	O Lord, you are good and forgiving.
Gospel Acclamation	Alleluia, alleluia! May the Father of our Lord Jesus Christ enlighten the eyes of our mind, so that we can see what hope his call holds for us. Alleluia!
Communion Antiphon	The Lord, the gracious, the merciful, has made a memorial of his wonders; he gives food to those who fear him.

There will be no paper copies of the Newsletter provided in the Church and there will be no singing or hymn books. There are no confessions except by necessity and no Rosary until further notice. There will be an offering collection as you exit the Church, thank you for your continued generosity to the Church. No pastoral visits will be made to people who are self-isolating until the isolation period ends. However, phone support is available, please phone Fr Mirek on **01582 723099**.

To ensure compliance with pandemic regulations, if you attend one of the public Masses please:

- Follow the stewards' instructions and requests
- Sanitise your hands on both entry and exit
- Follow the signed entrance and one-way system
- Don't use the kneelers, toilets or water taps
- Observe the two metre distancing rule at all times
- Minimise contact with surfaces and other households
- Ensure children stay with parents/guardians at all times
- Complete an attendance contact card before leaving

Thank you also to the Parishioners who have volunteered as cleaners and stewards to enable us to open the Church for the Masses to take place, however, **we urgently need more volunteers to continue having public Masses**, so please seriously consider if you might be able to offer some of your time to help out.

The main role of the stewards is to manage the safe entrance, participation and exit of worshippers to the Church via the one-way system. The key role of the cleaners is to be available before and after each Mass to sanitise the Church areas that have been opened up.

If you are under 70 years of age, not shielding or living with somebody that is shielding and do not have any medical conditions that render you vulnerable and wish to volunteer for these two roles then email the Parish office on sacredheartluton@yahoo.co.uk.

The Parish office remains closed and all Parish staff continue to be on furlough. The Parish administration is being managed remotely on a voluntary basis via email: sacredheartluton@yahoo.co.uk. The Parish website www.sacredheartluton.org also contains useful information and updates.

New Mass intentions can be requested by emailing the Parish office at sacredheartluton@yahoo.co.uk. The sacraments of Confirmation, First Holy Communion, Presentations and Baptisms are deferred until Public Health advice permits gathering safely.

RIP: Please remember in your prayers those who have died recently – Mary Hogan, Mary McGovern, Sheila Cecilia Winifred Egan and Marie Nadege Andre. Please also remember their families and friends in your thoughts and prayers at this very difficult time.

Mary Brigid McGovern RIP: Funeral Mass at Sacred Heart Church - **1.00pm on Monday 20th July** - maximum 30 attendees, followed by burial at The Vale Cemetery Small Chapel at 2.15pm.

Sarah McGrath RIP: Funeral Mass at Sacred Heart Church - **11.00am on Monday 27th July** - maximum 30 attendees, followed by committal at The Vale Cemetery at 12.15pm.

Joseph and Carmel Nally RIP: Internment of the ashes of the late Joseph and Carmel Nally at The Vale Cemetery - **2.00pm on Wednesday 22nd July**.

Josephine O'Callaghan: Sacred Heart community is asked to remember Josephine in their prayers as she receives palliative care.

CHURCH NEWSPAPERS AVAILABLE TO READ: Visit www.churchpaper.co.uk/

PARISH PRAYER GROUP: The Parish Prayer Group is continuing to pray in twos and threes on the phone and would be pleased to pray for any intentions. Please email your intentions to sacredheartluton@yahoo.co.uk

PARISH GIVING: In addition to being able to use the 'Standing Order' and 'Online' routes to make a weekly donation (see <https://www.sacredheartluton.org/>), Northampton Cathedral has additionally set up a simple 'Giving Tuesday' process. Each Tuesday between **10.00am** and **4.00pm**, a member of the Cathedral team will be available by phone for you to donate to your parish community over the telephone. To donate simply call **01604 712065** with your debit or credit card details. **Thank you for your continued generosity in these difficult times.**

HELPING THE ELDERLY AND THE VULNERABLE IN THE COMMUNITY: Please do what you safely can to help any elderly or vulnerable individuals in the community you are aware of, especially those living alone. Keep in touch with them. A phone call, a letter or note, an email or text, can make all the difference to someone who may be feeling lonely at this time. Please print and safely pass on a copy of this newsletter to Parishioners who do not have online access. If you know of any elderly or vulnerable individuals in the community who would value receiving pastoral care by telephone then please encourage them to contact the Parish Office by email or phone or, with their permission, email their contact details to the Parish Office.

ANNIVERSARIES: Please pray for those whose anniversaries occur at this time: John Hamilton 1967; Evelyn Baker 1982; Thomas Mifsud 1987; Carmel Nally 2016; Vincent John Whittaker 2018; Frederick Flynn 2006; Mary Ellen Ryan 2017; Wilma Gertrude Ward 2018; Sheila McCarthy 1996; Maura O'Hara 1997; Emily Carroll 1960; Miezyaslav Pilc 1971; Hannah Lavelle 1973; William Hughes 1979; Mary Taylor 1983; John Walsh 1986; Margaret Motherway 2001; John Hamill 2003; Colin Gallagher 2005; Joseph Kevin Kearns 2016; Mary Riley 1972; Margarita Kammel 1975; Mary Brogan 1993; Charlie Cawley 2006; Aileen Webb 2007; Patrick Brothers 2013; Fr Patrick Oates 1975; Christopher Balfe 1989; Sheila Kodier 1999; Elizabeth Jarvis 2005.

✠ **May their souls and the souls of all the faithful departed through the mercy of God rest in peace. Amen**