



# HEART TO HEART

Newsletter of the Sacred Heart of Jesus Parish  
Part of the Diocese of Northampton, Province of Westminster and Deanery of St Alban

**18th Sunday - Year A - Psalter Week 2 - 2<sup>nd</sup> August 2020**

Fr Mirek Misiura (**Parish Priest**)  
Bernadette Horsted (**Parish Secretary**)  
Margaret Berry and Pat Abela (**Safeguarding**)

Rev James Bannan (**Deacon**)  
Wesley Weekes (**Parish Centre**)  
Jenny Dowsett and Sandra Dias (**Pastoral Area Reps**)

**Address:** 148 Ashcroft Road, Stopsley, Luton LU2 9AY  
**Email:** sacredheartluton@yahoo.co.uk  
**Website:** sacredheartluton.org  
**Parish Office:** ☎ 723099

Sacred Heart Primary School: ☎ 730781  
Cardinal Newman School: ☎ 597125  
Hospital Chaplain: ☎ 663706  
Hospice Chaplain: ☎ 502400

Registered Charity: 234091

While the Holy obligation to attend Sunday Mass continues to be suspended, you are very welcome to attend one of the four public Masses per week in our Church, as indicated in red bold type below.

Please note that as from next weekend **8<sup>th</sup>/9<sup>th</sup> August**, the **wearing of masks by Mass attendees is COMPULSORY**.

The capacity of the Church will be considerably reduced to meet the two metre distancing rules to approximately 50 to 60 attendees per Mass, so we would encourage use of the Wednesday 9.30am Mass to reduce the weekend numbers.

Attendees from one household can sit together, but must maintain two metre distancing from other individuals and households. Once full capacity has been reached, no more people will be able to enter the Church.

You are advised not to attend Mass if you are medically vulnerable, shielding, living with somebody who is shielding, or if you are over 70 years of age. You must not attend Mass if you have Covid-19 or flu like symptoms.

All Masses during the week not listed in red bold type below will be celebrated by Fr Mirek privately without a congregation. Please do not come to the Church at any times other times, unless you have an appointment with Fr Mirek.

<b>Saturday 1<sup>st</sup> Public Mass</b>	<b>6.30pm</b>	<b>Michael Barnard RIP</b>	<b>St Alphonsus Liguori</b>
<b>Sunday 2<sup>nd</sup> Public Masses</b>	<b>9.00am 11.00am</b>	<b>Joanna McNelis Intentions Mike Doran RIP</b>	
Monday 3 <sup>rd</sup>			St Walthen
Tuesday 4 <sup>th</sup>			St John Vianney
<b>Wednesday 5<sup>th</sup> Public Mass</b>	<b>10.00am 9.30am</b>	<b>Mary McGovern RIP</b>	
Thursday 6 <sup>th</sup>		Arthur McNaughtan RIP	Transfiguration of the Lord
Friday 7 <sup>th</sup>		Margaret Strongman RIP	St Cajetan
<b>Saturday 8<sup>th</sup> Public Mass</b>	<b>6.30pm</b>	<b>Mary Gear RIP</b>	<b>St Dominic</b>

Entrance Antiphon	<b>O God, come to my assistance; O Lord, make haste to help me! You are my rescuer, my help; O Lord, do not delay.</b>
Psalm Response	<b>You open wide your hand, O Lord, you grant our desires.</b>
Gospel Acclamation	<b>Alleluia, alleluia! Blessings on the King who comes, in the name of the Lord! Peace in heaven and glory in the highest heavens! Alleluia!</b>
Communion Antiphon	<b>You have given us, O Lord, bread from heaven, endowed with all delights and sweetness in every taste.</b>

To ensure compliance with pandemic regulations, if you attend one of the public Masses please:

- Follow the stewards' instructions and requests
- **Sanitise** your hands on both entry and exit
- Follow the signed entrance and **one-way system**
- **Do not** use the kneelers, toilets or water taps
- Observe the **two metre distancing** rule at all times
- Minimise contact with surfaces and other households
- Ensure children stay with parents/guardians at all times
- Complete an **attendance contact card** before leaving

There will be no paper copies of the Newsletter provided in the Church and there will be no singing or hymn books. There are no confessions except by necessity and no Rosary until further notice.

There will be an offertory collection as you exit the Church, thank you for your continued generosity to the Church. We need collection counters to undertake the task in the Parish Hall suitably socially distanced and with masks, gloves and

sanitiser provided. Please email your contact details to the Parish office [sacredheartluton@yahoo.co.uk](mailto:sacredheartluton@yahoo.co.uk) if you are able to volunteer and are under 70 years of age, not shielding or living with somebody who is shielding.

No pastoral visits will be made to people who are self-isolating until the isolation period ends. However, phone support is available, please phone Fr Mirek on **01582 723099**.

Thank you also to the Parishioners who have volunteered as cleaners and stewards to enable us to open the Church for the Masses to take place, however, **we urgently need more volunteers to continue having public Masses**, so please seriously consider if you might be able to offer some of your time to help out.

The main role of the stewards is to manage the safe entrance, participation and exit of worshippers to the Church via the one-way system. The key role of the cleaners is to be available before and after each Mass to sanitise the Church areas that have been opened up.

If you are under 70 years of age, not shielding or living with somebody that is shielding and do not have any medical conditions that render you vulnerable and wish to volunteer for these two roles then email the Parish office on [sacredheartluton@yahoo.co.uk](mailto:sacredheartluton@yahoo.co.uk).

**The Parish office remains closed and all Parish staff continue to be on furlough.** The Parish administration is being managed remotely on a voluntary basis via email: [sacredheartluton@yahoo.co.uk](mailto:sacredheartluton@yahoo.co.uk). The Parish website [www.sacredheartluton.org](http://www.sacredheartluton.org) also contains useful information and updates.

New Mass intentions can be requested by emailing the Parish office at [sacredheartluton@yahoo.co.uk](mailto:sacredheartluton@yahoo.co.uk). The sacraments of Confirmation, First Holy Communion, Presentations and Baptisms are deferred until Public Health advice permits gathering safely.

**St Paul Missal 2021:** Anyone wishing to purchase a St Paul Missal 2021 should contact Judy Weekes on 01582 738569. SMA Mass cards can also be obtained using the same contact number.

**RIP:** Please remember in your prayers those who have died recently - Mary Tohill, Sarah McGrath, Charles Henry Augustus Sweeney and Mary Hogan. Please also remember their families and friends in your thoughts and prayers at this very difficult time.

**Josephine O'Callaghan:** Sacred Heart community is asked to remember Josephine in their prayers as she receives palliative care.

**CHURCH NEWSPAPERS AVAILABLE TO READ:** Visit [www.churchpaper.co.uk/](http://www.churchpaper.co.uk/)

**PARISH PRAYER GROUP:** The Parish Prayer Group is continuing to pray in twos and threes on the phone and would be pleased to pray for any intentions. Please email your intentions to [sacredheartluton@yahoo.co.uk](mailto:sacredheartluton@yahoo.co.uk)

**PARISH GIVING:** In addition to being able to use the 'Standing Order' and 'Online' routes to make a weekly donation (see <https://www.sacredheartluton.org/>), Northampton Cathedral has additionally set up a simple 'Giving Tuesday' process. Each Tuesday between **10.00am** and **4.00pm**, a member of the Cathedral team will be available by phone for you to donate to your parish community over the telephone. To donate simply call **01604 712065** with your debit or credit card details. **Thank you for your continued generosity in these difficult times.**

**HELPING THE ELDERLY AND THE VULNERABLE IN THE COMMUNITY:** Please do what you safely can to help any elderly or vulnerable individuals in the community you are aware of, especially those living alone. Keep in touch with them. A phone call, a letter or note, an email or text, can make all the difference to someone who may be feeling lonely at this time. Please print and safely pass on a copy of this newsletter to Parishioners who do not have online access. If you know of any elderly or vulnerable individuals in the community who would value receiving pastoral care by telephone then please encourage them to contact the Parish Office by email or phone or, with their permission, email their contact details to the Parish Office.

**ANNIVERSARIES:** Please pray for those whose anniversaries occur at this time: Erno Ale 1995; Cecelia McLeod 1980; Seamus McManus 1982; Vernon McLaughlin 1988; Laszlo Aradi 1999; Jane Bainbridge 1960; Kathleen Lyons 1971; Jane Early 2003; Christopher O'Leary 1981; Claire Downey 1972; Elizabeth Nedley 1982; William McDaid 1989; Michael Gallagher 1998; Mary Gear 2007; Joseph Gillingwater 1968; William Mahoney 1989; Edward Higgs 1998; Thomas Markey 2004.

✠ **May their souls and the souls of all the faithful departed through the mercy of God rest in peace. Amen**