



# HEART TO HEART

Newsletter of the Sacred Heart of Jesus Parish, Luton  
Part of the Diocese of Northampton, Province of Westminster and Deanery of St Alban

## 1<sup>st</sup> Sunday of Lent 2021 - Year B - Psalter Week 1 - 21<sup>st</sup> February 2021

**Parish Priest:** Fr Mirek Misiura  
**Parish Deacon:** Rev James Bannan  
**Parish Secretary:** Bernadette Horsted  
**Pastoral Area Representative:** Jenny Dowsett  
**Address:** 148 Ashcroft Road, Stopsley, Luton, Beds LU2 9AY  
**Email:** parish.sacredheartofjesus@northamptondiocese.org  
**Parish Website:** sacredheartluton.org  
**Parish Office:** ☎ 723099  
**Reg Charity No:** 234091

**Parish Centre Manager:** Wesley Weekes  
**Safeguarding:** Margaret Berry and Pat Abela  
**Pastoral Area Website:** lutonpastoralarea.org  
**Diocesan Website:** northamptondiocese.org  
**Re-employment Website:** vitaeopus.co.uk  
**Sacred Heart Primary School:** ☎ 730781  
**Cardinal Newman School:** ☎ 597125  
**Hospital Chaplain:** ☎ 663706  
**Hospice Chaplain:** ☎ 502400

**PARISH OFFICE:** The Parish office is closed with, the Parish admin being managed remotely on a part time voluntary basis via the new email address [parish.sacredheartofjesus@northamptondiocese.org](mailto:parish.sacredheartofjesus@northamptondiocese.org) including for Mass intentions or, alternatively, put any intention details/gifts in the Presbytery letterbox.

**MASSES:** Our three Public Masses are Saturday 6.30pm and Sunday 9.00am and 11.00am. Covid rules apply to all Public Masses, including face covering (unless exempt), hand sanitising and social distancing. If the reduced capacity is reached, further attendees will not be able to enter the Church. All other Masses are being privately celebrated by Fr Mirek. There are no private prayer sessions in the Church. There will be a **2<sup>nd</sup> collection** next weekend for CAFOD Fast Day.

Saturday 20 <sup>th</sup>	<b>6.30pm</b>	Monica McIntyre RIP Anniversary	
Sunday 21 <sup>st</sup>	<b>9.00am</b> <b>11.00am</b>	Catherine Travers - Birthday Intentions Catherine Walsh - RIP	First Sunday of Lent
Monday 22 <sup>nd</sup>	Private		St Peter's Chair
Tuesday 23 <sup>rd</sup>	Private		St Polycarp
Wednesday 24 <sup>th</sup>	Private	Michael Gear RIP	
Thursday 25 <sup>th</sup>	Private		
Friday 26 <sup>th</sup>	Private		CAFOD Lent Fast Day
<b>Funeral</b>	<b>Noon</b>	<b>Bridget (Bridie) Ann Tobin RIP</b>	
Saturday 27 <sup>th</sup>	<b>6.30pm</b>	Mitch Bruce RIP	

Entrance Antiphon	<b>When he calls on me, I will answer him; I will deliver him and give him glory, I will grant him length of day.</b>
Psalm Response	<b>Your ways, Lord, are faithfulness and love for those who keep your covenant.</b>
Gospel Acclamation	<b>Praise to you, O Christ, king of eternal glory! Man does not live on bread alone, but on every word that comes from the mouth of God. Praise to you, O Christ, king of eternal glory!</b>
Spiritual Communion	<b>My Jesus, I believe that You are present in the Most Holy Sacrament. I love You above all things, and I desire to receive You into my soul. Since I cannot at this moment receive You sacramentally, come at least spiritually into my heart. I embrace You as if You were already there and unite myself wholly to You. Never permit me to be separated from You. Amen.</b>
Communion Antiphon	<b>One does not live by bread alone, but by every word that comes forth from the mouth of God.</b>

**SACRAMENTS:** Weddings with up to 6 attendees and funerals with up to 30 attendees are permitted, with Covid rules applying. Baptisms are by necessity only.

**2021 CONFIRMATION CATECHISTS:** We need catechists for the 2021 Confirmation programme. If you would like to volunteer, or want more information on what is involved, please ring Bozena on 01582 708693.

**2021 CONFIRMATION AND FIRST HOLY COMMUNION:** For anyone in Year 8 or older seeking the sacrament of Confirmation in 2021 and for anyone in Year 3 or older seeking the sacrament of First Holy Communion (and First Confession), please send the information below to Fr Mirek either to his email address [fmirekmisiura@northamptondiocese.org](mailto:fmirekmisiura@northamptondiocese.org) or by post to the Parish office address above by 22<sup>nd</sup> February.

**Full name of candidate**                      **Date of birth**                      **Name(s) of parents/guardians**  
**Where and when Baptised**                      **School and year**                      **Phone and home address contact details**

Information on the arrangements for the sacraments will be provided once they have been finalised.

**STEWARDS AND CLEANERS:** If you would like to volunteer as a steward or a cleaner to enable Masses and funerals to continue and are under 70 years of age and not shielding, then please email your contact details to [parish.sacredheartofjesus@northamptondiocese.org](mailto:parish.sacredheartofjesus@northamptondiocese.org)

**HELPING OTHERS:** Please do what you safely can for elderly or vulnerable people in the community, especially those living alone. Pastoral care is available by contacting the Parish Office. Please print and safely pass on this newsletter to Parishioners who do not have online access.

**REDUNDANCY SUPPORT:** Free online job hunting and self employment information and coaching can be found at [www.vitaeopus.co.uk](http://www.vitaeopus.co.uk). Please pass the web link on to anyone who might find it helpful.

**KEEPING WARM:** Luton Irish Forum welfare team have funds to help people struggling to keep warm with energy costs or a winter care package. If you, or someone you know, is finding it difficult to keep warm, call on 01582 720447 or email [info@lutonirishforum.org](mailto:info@lutonirishforum.org)

**THE LONDON JESUIT CENTRE:** The London Jesuit Centre is recruiting for three posts: Theology Lead, Spirituality Team members (2 posts) plus Social and Environmental Justice Lead. For further information go to <https://londonjesuitcentre.org/>. The closing date for applications is Friday 26 February 2021.

**MARYS MEALS:** Because of the dire situation in Tigray, Ethiopia, your generosity is needed more than ever. If you would like to donate, please go to <https://giving.marysmeals.org/>

**DIOCESAN TRUSTEES:** If you are interested in becoming a volunteer Diocesan Trustee now or in the future, then please contact Tony McNiff at [COO@northamptondiocese.com](mailto:COO@northamptondiocese.com)

**DIOCESAN EVENTS AND INFO:** For free Diocesan online events led by Mgr Kevin McGinnell and Alex Heath see [www.godwhospeaks.uk/the-god-who-speaks/our-dioceses/our-liturgy-of-the-word](http://www.godwhospeaks.uk/the-god-who-speaks/our-dioceses/our-liturgy-of-the-word). Please register in advance with the NORES Office by email [admin@nores.org.uk](mailto:admin@nores.org.uk) or phone 01582 723312 (extension 1).

Bishop David invites you to an online discussion on Thursday 25 February 2021 from 3.00pm to 4.00pm to explore the case for hope and hear from St Joseph's Parish, Lancaster of their experience leading parish renewal. Register for the event by going to <https://www.ifaforms.com/4877664>

Pathways of Prayer re-launches - this six week course could be the perfect resource for you this Lent. A series of short videos, reflections and activities explore what prayer is and how to make prayer central to your life. You can do it on your own, with a group of friends or parishioners, or join the diocesan group online on Monday evenings. For more information and to register go to <https://formationpathways.co.uk/>

**PARISH GIVING:** In addition to the other options to make donations (see [www.sacredheartluton.org](http://www.sacredheartluton.org)), you can also call the Diocese each Tuesday between **10.00am** and **4.00pm**, a member of the Cathedral team will be available by phone on **01604 712065** for you to make a Parish donation.

**PARISH PRAYER GROUP:** The Prayer Group continues to gather virtually and would be pleased to pray for any intentions emailed to them at [parish.sacredheartofjesus@northamptondiocese.org](mailto:parish.sacredheartofjesus@northamptondiocese.org)

**BRIDGET (BRIDIE) ANN TOBIN RIP:** The funeral Mass in the Church for Bridget (Bridie) Ann Tobin RIP will be at Noon on Friday 26<sup>th</sup> February followed by burial at 1.00pm at The Vale Cemetery.

**RIP:** Please keep Mitch Bruce RIP, Frank Meehan RIP, Bridie Tobin RIP, Joe Cacioppo RIP and Tim Naughton RIP and their families and friends in your prayers at this difficult and sad time and also all other recently deceased Parishioners.

**ANNIVERSARIES:** Please pray for those whose anniversaries occur at this time: Frank Garlick 2006; Frank Robinson 2008; Olivia-Grace Oizamisi Otim-Obaro 2020; John Hand 1994; Monica McIntyre 2018; Michael Foley 2007; Margaret Riley 1964; Sidney Jay 1981; Michael Early 1968; Mary Hancock 1994; Lawrence Foley 1997; James Byrne 1997; Peter Joseph Farrell 2020; Laszlo Szaher 1984; Mary Moughan 2003; Alice Jones 2005; Anna (Ann) Davern 2014; Eugene Aloysius O'Hara 2018; Walter Ryan 1974; Frank Colley 1981. ✠ **May their souls and the souls of all the faithful departed through the mercy of God rest in peace. Amen.**