



Heart to Heart

Newsletter of the Sacred Heart of Jesus Parish, Luton – Registered Charity Number 234091
Province of Westminster, Diocese of Northampton, Deanery of St Alban

FIRST SUNDAY OF LENT

Psalter Week 1 - Year C – Sunday 6th March 2022

Parish Priest: Fr Mirek Misiura
Parish Deacon: Rev James Bannan
Parish Secretary: Bernadette Horsted
Email: parish.sacredheartofjesus@northamptondiocese.org
Address: 148 Ashcroft Road, Stopsley, Luton, Beds., LU2 9AY
Parish Info: www.sacredheartluton.org
Diocesan Info: www.northamptondiocese.org

Parish Office: 01582 723099
Sacred Heart Primary School: 01582 730781
Cardinal Newman School: 01582 597125
L&D Hospital Chaplain: 01582 663706
Hospice Chaplain: 01582 502400
Pastoral Area Info: www.lutonpastoralarea.org
Free Redundancy Coaching Info: www.vitaeopus.co.uk

COVID-19 GUIDANCE: Face covering, hand sanitising and social distancing are optional to enable worshippers to feel safe. Anyone displaying Covid-19 type symptoms should not attend Mass. Pope Francis, Cardinal Nichols and Bishop David support and encourage Covid-19 vaccination.

PARISH OFFICE: The Parish Office is open Monday, Wednesday and Friday from 10.00am until 12 Noon. When leaving a voicemail message please state the date and leave a contact number.

WEEKDAY MASSES: Morning Masses throughout the week are at 9.30am on Tuesday, Wednesday, Thursday and Friday. Please check the weekly Newsletter for the Mass Intentions.

SECOND COLLECTION: As Friday is CAFOD Lent Fast Day, there will be a second collection at all Masses next weekend.

Saturday 5 th March First Saturday Devotions	11.00am 11.30am 12 Noon 6.30pm	Adoration & Confessions Rosary followed by Mass Mass - Private Intention Fay Howell RIP	Women's World Day of Prayer
Sunday 6 th March In Hall following 11.00am Mass: SYNOD	9.00am 11.00am BAPTISM:	Lucy Pike (Birthday Intention) Bernie McGrath RIP SYNOD: GROUP REFLECTION Filip Gdaniec	FIRST SUNDAY OF LENT
Monday 7 th March	NO MASS		SS Perpetua & Felicity
Tuesday 8 th March	9.30am	Mai Daly RIP	St John of God
Wednesday 9 th March	9.30am	Neville & Anthony Davey RIP	St Frances of Rome
Thursday 10 th March	9.30am	Sheila Boulton (Get Well)	
Friday 11 th March	9.30am	People of Ukraine – Pray for Peace	CAFOD Lent Fast Day
Saturday 12 th March	11-11.30am 6.30pm	Confessions Michael Gear RIP	

Entrance Antiphon	When he calls on me, I will answer him; I will deliver him and give him glory, I will grant him length of days.
Psalm Response	Be with me, O Lord, in my distress.
Gospel Acclamation	R. Praise to you, O Christ, king of eternal glory! Man does not live on bread alone, but on every word that comes from the mouth of God. R. Praise to you, O Christ, king of eternal glory!
Communion Antiphon	One does not live by bread alone, but by every word that comes forth from the mouth of God.

CONFESSIONS: Every Saturday at 11.00 - 11.30am.

WELCOME: Filip Gdaniec who is to be baptised into the community of the Sacred Heart of Jesus Parish this weekend.

READERS: The new Rota is on the Noticeboard and copies are available in the Church.

RIP: Please remember Elizabeth Blake and Presita "Precy" Lanuza who died recently. Please keep Elizabeth RIP and Presita RIP, their families and friends in your thoughts and prayers at this very sad time

MARGARET FALLON RIP: It is with great sadness that we have to announce the death of Margaret Fallon RIP following the tragic incident in Sacred Heart car park last weekend. Please remember Margaret RIP and keep her family, dear friend Sylvia, friends and neighbours and all who knew Margaret in your thoughts and prayers at this very difficult and sad time.

CAFOD LENT APPEAL 2022: Have a simple meal this Lent and give what you save so more children can grow up big and strong. Visit: cafod.org.uk/lent for more details or pick up a leaflet and/or CAFOD envelope in the Foyer.

UKRAINE APPEAL: Everyone is aware of the awful situation unfolding in Ukraine. Help is desperately needed. If you can, please fill a shoebox or giftbox with whatever you can spare, items urgently required are:

- **Toiletries (including female hygiene products)**
- **Gloves, hats, scarves, socks (Adults/Children)**
- **First Aid Kits**
- **Children's pyjamas**
- **Sleeping Bags and Blankets (in open bin bags please)**

For hygiene purposes, items should, where possible, be new. Please leave your donations in the Church porch before or after one of the Masses this weekend or at next weekend's Masses. Donations can also be handed in to the Parish Office on Monday, Wednesday and Friday mornings between 10.00am and 12 Noon.

Phil Conway (Jnr) will be helping with haulage of pallets of aid to Rzeszow in Poland where aid workers are situated with Ukrainian refugees, He, personally, will be covering all freight and shipping costs to Poland. Boxes should not be sealed as they will need to be checked for freight purposes. Phil is aiming to ship everything in the middle of March.

Any queries, please contact Bernadette, Parish Secretary, who is organising the appeal on behalf of Sacred Heart Parish, telephone: 01582 723099 or by email: parish.sacredheartofjesus@northamptondiocese.org

FIRST HOLY COMMUNION 2022: Please note all communication, questions, advice regarding homework, preparation for First Holy Communion etc should be emailed to: sacredheartlutonfhc@gmail.com
The Catechists have recommended that Parents/Guardians of each child keep a Folder to contain all the wonderful homework being completed in preparation for First Holy Communion as a keepsake for each child to reflect on and complement their learning. All homework must be handed in personally after any weekend Mass and **NOT** sent by email. Please place homework in the correct Group numbered Box. Boxes are placed at the front of the Church by the side exit.

ACN EMERGENCY UKRAINE APPEAL: Catholic charity Aid to the Church in Need (ACN) is despatching €1m (more than £830,000) in emergency help for Church communities responding to the desperate crisis unfolding in Ukraine following the Russian invasion.

Bishops, priests and Sisters across Ukraine are helping to support people in need of food, clothing and other necessities as displaced families take shelter in the basements and other underground shelters of Churches, parish halls and other religious buildings. Please pray for Ukraine. To support the ACN Ukraine emergency appeal, visit www.acnuk.org

FAREWELL TO SR KATHLEEN & SR ANTOINETTE: Sr Anne Kelly OSC, Abbess General, is saddened to inform us that increasing age and poorer health have taken their toll on both Sr Kathleen and Sr Antoinette. It is now time for them to slow down. In the coming months the sisters will return to Ireland where they will retire and take on less strenuous apostolates. Please keep both sisters in your thoughts and prayers.

All at Sacred Heart Parish wish both Sr Kathleen and Sr Antoinette every happiness in their new home and in the next chapter of their lives. We send our thanks for their many years of devoted service. God Bless you both.

TEACHING INTERNSHIP PROGRAMME: St Thomas Catholic Academies Trust are offering an exciting paid teaching internship programme this summer. If you are an undergraduate studying Maths, Physics or Computer Science, please have a look at their website: www.stcat.co.uk/careers-and-training/internships. Closing date for applications is 13th May 2022. Further information can be obtained from Maxine Gilmartin (admin@stcat.co.uk).

PLANNED GIVING ENVELOPES FOR 2022/23: Will be distributed before or after each Mass on the following weekends: w/e Sunday 13th March 2022; w/e Sunday 20th March 2022
w/e Sunday 27th March 2022; w/e Sunday 3rd April 2022

Please see the Poster on the Noticeboard for more information.

Alternatively, please contact Wesley Weekes on 01582 783569 or Bernadette Horsted on 01582 723099

The new boxes of envelopes should not be used before the weekend of the 10th April 2022. Thank you.

JOB OPPORTUNITY – WARDEN & CLERK – ST SCHOLASTICA'S RETREAT: Competitive Salary, pension and accommodation onsite in Princes Risborough, Buckinghamshire. The Trustees are seeking to appoint a Warden & Clerk to the Trustees for this alms-house charity that provides sheltered housing for Catholics in financial need aged 60 or over. For details of the role and how to apply: www.stscholasticas.co.uk/warden-clerk-vacancy
See Poster on Noticeboard for further information.

VOLUNTEER SAFEGUARDING REP REQUIRED FOR SACRED HEART PARISH: Please contact Fr Mirek or the Parish Office if you are interested in this role to discuss further.

MESSAGE OF THANKS: John Deighan, Chief Executive of SPUC (The Society for the Protection of Unborn Children) has sent a letter of thanks to the Parish for their generosity to the recent White Flower Appeal. Please see the collection acknowledgement certificate on the Noticeboard.

DIVINE MERCY SUNDAY: 24th April 2022, 3.00pm-4.00pm at Our Lady Help of Christians Parish, Luton. The Novena begins on Friday 15th April. There will be Adoration of the Blessed Sacrament, Confessions and the Chaplet of Divine Mercy. This is a day of Mercy for the whole world.

See: <https://www.ourladyhelpofchristians.co.uk/divinemercurysunday>

The Parish has been given a free gift of 30 copies of The Divine Mercy Message for All Mankind – please take a copy. (See Letter from the Chairman of the Divine Mercy Committee on the Noticeboard.)

AFTERNOON TEA: NOAH Enterprise is inviting locals to attend an afternoon tea event on Saturday 30th April (12-3pm) at The Old Palace Lodge, Dunstable. Guests will enjoy a relaxing afternoon tea, prosecco on arrival, and music from David Mills.

Tickets are priced at £25, please contact Maggie Felmingham at maggie.felmingham@noahenterprise.org or call 07825 772421 to book. See the Poster on the Noticeboard.

WALK WITH ME – A LENTEN JOURNEY OF PRAYER: Books and calendars with a message from Bishop David, priced at £1.00 each available from the Repository. Please see Judy after any weekend Mass.

SYNOD: Pope Francis has invited all within the church to engage with the preparation process for this gathering that he has called in 2023. To enable our participation, all parishioners are invited to come along to a time of group reflection on **Sunday 6th March** in the hall after the **11am Mass**.

These are the questions we are being asked to consider:

- 1. What does it mean to be Catholic today?**
- 2. What are some of your experiences of the Church doing something well?**
- 3. What are your experiences of when things have gone not so well?**
- 4. What are your hopes for The Church?**

(One can also fill in the online diocesan questionnaire at Synod Responses Northampton Diocese) |

Visit <https://northamptondiocese.org/for-a-synodal-church/>

Thank you from the Parish to Bozena for organising this.

CAFOD: WALK AGAINST HUNGER: This Lent, challenge yourself to conquer 200k (that's 5k a day, every day, for 40 days). There are 200 million children around the world whose lives are at risk from malnutrition. By walking 200k this Lent you can give hunger its marching orders. To sign up visit: walk.cafod.org.uk
See Poster on the Noticeboard for further details and leaflets in the Foyer.

CITIZENS ADVICE LUTON: Volunteer Advisers and Receptionists required. To find out more and to apply please visit <https://www.citizensadvice Luton.org.uk/get-involved/>

ANNIVERSARIES: Please pray for those whose anniversaries occur at this time:

Alice Flatley 2006; Colin Draper 2006; Thomas Joseph Dolan 2008; Bernard McGrath 2009; Sarah Doherty 1965; Janek Stevens 2003; Margaret (Rita) Sansom 2018; Mark Trowsdale 2014; Thomas Hyland 1982;

Maria Munez 1982; Robert McMillen 1994; Elizabeth Mary Brogan 2014; John Stanton 1969;

Baby Kevin Hynes 1975; Patrick Nolan 1990; Charles Drein 2001; Titus Abernethy 2006; Kathleen West 2002;

Peter Albert McGarry 2008; Carmel Harte 2019; Juana Wyatt 2021; Robert McDermott 1974; Alice Jepp 1978;

Joseph Keegan 2003; John James Doran 2015; Nelson Walter Gallyot 2016; Pauline Mooney 1995;

Baby Rebecca Mooney 1995; Lisa Marie Nora Doran 2013; Gerard Crossin 2012;

✠ **May their souls and the souls of all the faithful departed through the mercy of God rest in peace. Amen.**