



Registered Charity: 234091

# HEART TO HEART

Newsletter of the Sacred Heart of Jesus Parish, Luton  
Part of the Diocese of Northampton, Province of Westminster and Deanery of St Alban

## 30<sup>th</sup> Sunday - Year A - Psalter Week 2 - 25<sup>th</sup> October 2020

Fr Mirek Misiura (Parish Priest)  
Rev James Bannan (Parish Deacon)  
Bernadette Horsted (Parish Secretary)  
Margaret Berry and Pat Abela (Safeguarding)  
Address: 148 Ashcroft Road, Stopsley, Luton LU2 9AY  
Email: [sacredheartluton@yahoo.co.uk](mailto:sacredheartluton@yahoo.co.uk)  
Parish Website: [sacredheartluton.org](http://sacredheartluton.org)  
Parish Office: ☎ 723099

Wesley Weekes (Parish Centre)  
Jenny Dowsett and Sandra Dias (Pastoral Area Reps)  
Pastoral Area Website: [lutonpastoralarea.org](http://lutonpastoralarea.org)  
Diocesan Website: [northamptondiocese.org](http://northamptondiocese.org)  
Sacred Heart Primary School: ☎ 730781  
Cardinal Newman School: ☎ 597125  
Hospital Chaplain: ☎ 663706  
Hospice Chaplain: ☎ 502400

**MASS ARRANGEMENTS:** The Holy obligation to attend Sunday Mass continues to be suspended. Our public Masses are on Wednesday, Saturday and two on Sunday (as shown in bold type below). Should you attend Mass, please:

- **Wear a face mask** - it is **COMPULSORY** unless exempt
- Follow the stewards' instructions and requests
- **Sanitise** your hands on both entry and exit
- Follow the signed entrance and **one-way system**
- **Do not** use the kneelers, toilets or water taps
- Observe the **two metre distancing** rule at all times
- Minimise contact with surfaces and other households
- Ensure children stay with parents/guardians at all times
- Complete an **attendance contact card** before leaving
- Wait until Mass attendees have left before lighting candles

The Church capacity is significantly reduced. If possible, please attend the Wednesday 9.30am Mass to reduce weekend numbers. Attendees from one household can sit together, but must maintain two metre distancing from other households. Once full capacity has been reached, no more people will be able to enter the Church. You must not attend if you have Covid-19 or flu like symptoms and you are advised not to attend if you are medically vulnerable or 70+ years of age. There will be an offertory collection as you exit the Church after Mass, thank you for your continued generosity to the Church. At next weekend's Masses there will also be a **2<sup>nd</sup> collection for BISHOP'S MAINTENANCE**. All other weekly Masses (i.e. those not listed in red bold type below) will be celebrated by Fr Mirek privately without a congregation. Mass intentions can be requested by emailing [sacredheartluton@yahoo.co.uk](mailto:sacredheartluton@yahoo.co.uk).

<b>Saturday 24<sup>th</sup> Public Mass</b>	<b>6.30pm</b>	<b>Mary Hogan RIP</b>	<b>St Anthony Claret</b>
<b>Sunday 25<sup>th</sup> Public Masses</b>	<b>9.00am 11.00am</b>	<b>Santana Dias – Intentions Peter Blessing RIP</b>	<b>People of the Parish</b>
Monday 26 <sup>th</sup>		Annie Jarden RIP	SS Chad and Cedd
Tuesday 27 <sup>th</sup>			
<b>Wednesday 28<sup>th</sup> Public Mass</b>	<b>9.30am</b>	<b>Keith Woods RIP</b>	<b>SS Simon and Jude</b>
Thursday 29 <sup>th</sup> Confirmation Mass		Deceased Members of Sacred Heart Thursday Club	
Friday 30 <sup>th</sup>		Kathleen Maguinn RIP	
<b>Saturday 31<sup>st</sup> Public Mass</b>	<b>6.30pm</b>	<b>Fred Wallace RIP</b>	

Entrance Antiphon	<b>Let the hearts that seek the Lord rejoice; turn to the Lord and his strength; constantly seek his face.</b>
Psalm Response	<b>I love you Lord, my strength.</b>
Gospel Acclamation	<b>Alleluia, alleluia! Open our hearts, O Lord, to accept the words of your Son. Alleluia!</b>
Communion Antiphon	<b>We will ring out our joy at your saving help and exult in the name of our God.</b>

**SACRAMENTS:** There are no confessions except by necessity and no Rosary until further notice. Baptisms and Weddings are currently permitted provided the arrangements are compliant with the Covid-19 regulations in place at the time of the Sacrament. No pastoral visits can be made to people who are self-isolating until the isolation period ends.

**PARISH VOLUNTEERS:** Our volunteer cleaners and stewards who enable us to have public Masses. We **urgently** need more volunteers. Stewards manage the safe entrance, participation and exit of worshippers and the cleaners sanitise the Church before and after each Mass. If you would like to volunteer, under 70 years of age and not shielding, then email [sacredheartluton@yahoo.co.uk](mailto:sacredheartluton@yahoo.co.uk)

We also need collection counters, so please email your contact details to [sacredheartluton@yahoo.co.uk](mailto:sacredheartluton@yahoo.co.uk) if you are able to volunteer, are under 70 years of age and not shielding. Thank you also to the Parishioners who have continued to maintain the Church grounds and buildings, including the repainting of the Church entrance areas and Grotto wall.

**THE PARISH OFFICE:** The Parish office remains closed with all Parish staff on furlough. The Parish administration is being managed remotely on a voluntary basis via email: [sacredheartluton@yahoo.co.uk](mailto:sacredheartluton@yahoo.co.uk). See also the Parish website [www.sacredheartluton.org](http://www.sacredheartluton.org)

**THE REPOSITORY:** After 9.00am Sunday Mass and until 10.00am the Repository is open to purchase items. Only one face masked person at a time may enter the shop. Items purchased must be pre-ordered by contacting Judy on 01582 738569. You will not be able

to browse in the Repository for items to buy. In addition, please contact Judy on 01582 738569 for your 2021 St Paul Missals (£6.00 each) and also SMA Mass cards. Church newspapers are freely available by visiting [www.churchpaper.co.uk/](http://www.churchpaper.co.uk/).

**SHEILA BUTCHER RIP:** The funeral for Sheila Butcher RIP will be at 2.30pm on Thursday 5<sup>th</sup> November at The Vale Chapel followed by burial. Covid-19 restrictions apply.

**RIP:** Please remember in your prayers Sheila Butcher RIP and those who have died recently and their families and friends at this difficult time.

**ANNIVERSARIES:** Please pray for those whose anniversaries occur at this time: Mary McDade 1982; Robert Millar 1999; Annina (Nina) Allen 2016; William Baxter 1987; Rose Wallsworth 1999; John Temporal 2002; John Rankin 2004; Ron Gepp 2010; Vincenzo Messina 2017; Dorris Godfrey 1972; William Southern 1979; Francesco Tome 2015; Bernadette Mary Flanagan 2017; Frances Hardiman 1999; William Griffin 2006; Keith John Woods 2016; Clifford Webb 1963; James Boyle 1993; Fred Wallace 2011; Kathleen Duncan 2008; Patricia McCann 2010; Ronnie Dunne 2011; Kevin Joseph O'Connor 2017; Walter Nudds 1982; Wilfred Toman 1987. ✕ **May their souls and the souls of all the faithful departed through the mercy of God rest in peace. Amen.**

**PARISH PRAYER GROUP:** The Parish Prayer Group is continuing to pray in twos and threes on the phone and would be pleased to pray for any intentions. Please email your intentions to [sacredheartluton@yahoo.co.uk](mailto:sacredheartluton@yahoo.co.uk)

**ABORTION:** Tuesday 27<sup>th</sup> October is the 53rd anniversary of the Abortion Act being passed in England and Wales. Since 1967 over nine million babies have lost their lives to abortion. Millions of women and men have also had to deal with the suffering which so often follows an abortion. Please join us in praying and fasting for the end of abortion in this country on Tuesday 27<sup>th</sup> October. For Post Abortion help and to support Pro-Life counselling see [www.GoodCounselNetwork.com](http://www.GoodCounselNetwork.com)

**HELPING OTHERS:** Please do what you safely can for elderly or vulnerable individuals, especially those living alone. If you know of anybody who would value pastoral care then please encourage them to contact the Parish Office or, with their permission, email their contact details to the Parish Office. Please print and safely pass on this newsletter to Parishioners who do not have online access.

**NEW JOB COACHING:** For Parishioners who have lost their job, or are under threat of losing their job, a free online coaching service is available. The website draws on 25+ years of coaching experience supporting people facing redundancy and job loss and provides a wealth of information, practical advice and activities to improve performance when looking for a new job or becoming self employed.

The website link is <https://www.vitaeopus.co.uk> and we would ask and encourage you to pass on the web link to anyone you feel might find it valuable in these challenging times, particularly if they are losing their job without any outplacement or other back to work coaching support. The modules cover key subjects essential to conducting an effective re-employment campaign, namely:

### Job Hunting

Getting Started  
Self Awareness  
CV Writing  
Interview Technique  
Market Presence  
Motivation  
Courage  
Resilience  
Structure  
Your New Job

### Self Employment

Assessing Readiness  
Preparing Yourself  
Selling Yourself  
Marketing Yourself  
Business Planning  
Business Marketing  
Business Mechanics

**DIOCESAN UPDATES:** If you would like to be kept up to date with the latest news and information from Bishop David, the Curial Departments, our Catholic Cathedral in Northampton and our whole Diocese, then you can receive monthly information by entering your email address in the box in the top right hand corner of the Diocesan web page [www.northamptondiocese.org](http://www.northamptondiocese.org)

**DIOCESAN WEBINARS:** Pope Francis has called on us to reflect on our current situation so, in response, a series of free Monday evening Diocesan online webinars will be taking place, to register please go to <https://postlockdownchurch.eventbrite.co.uk>

**PARISH GIVING:** In addition to 'Standing Order' and 'Online' routes (see <https://www.sacredheartluton.org/>) to make donations, Northampton Cathedral has also set up a simple 'Giving Tuesday' process. Each Tuesday between 10.00am and 4.00pm, a member of the Cathedral team will be available by phone for you to donate to your parish community over the telephone. To donate simply call 01604 712065 with your debit or credit card details. Thank you for your continued generosity in these difficult times.

**BRITISH SUMMER TIME:** BST ends this weekend, so make sure you put your clocks back by one hour on Saturday night.