



# Heart to Heart

Newsletter of the Sacred Heart of Jesus Parish, Luton – Registered Charity Number 234091  
Province of Westminster, Diocese of Northampton, Deanery of St Alban

## THIRD SUNDAY IN ORDINARY TIME - Sunday of the Word of God Psalter Week 3 - Year C - Sunday 23<sup>rd</sup> January 2022

**Parish Priest:** Fr Mirek Misiura  
**Parish Deacon:** Rev James Bannan  
**Parish Secretary:** Bernadette Horsted  
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**Address:** 148 Ashcroft Road, Stopsley, Luton, Beds., LU2 9AY  
**Parish Info:** www.sacredheartluton.org  
**Diocesan Info:** www.northamptondiocese.org

**Parish Office:** 01582 723099  
**Sacred Heart Primary School:** 01582 730781  
**Cardinal Newman School:** 01582 597125  
**L&D Hospital Chaplain:** 01582 663706  
**Hospice Chaplain:** 01582 502400  
**Pastoral Area Info:** www.lutonpastoralarea.org  
**Free Redundancy Coaching Info:** www.vitaeopus.co.uk

**COVID MASK WEARING REQUIREMENT:** Further to the announcements made by the Government in Parliament earlier in the week, it has added the following text to the COVID-19: guidance for the safe use of places of worship for England, announcing that the measures put in place under Plan B will be lifted:

**From 27 January:** There is no longer a legal requirement to wear a face covering. The Government suggests that you continue to wear a face covering in crowded and enclosed spaces where you may come into contact with other people you do not normally meet.

As yet Catholic Bishops' Conference for England and Wales has not updated its guidance and the Church of England has noted the announcement but will review advice as soon as detailed guidance is published.

The Catholic Bishops' Conference for England and Wales current guidance remains unchanged but will be updated once the impact of the new position on places of worship is understood. It is, therefore, respectfully requested that Parishioners continue to wear a mask when attending Church until guidance is updated.

**Please do not attend Church if you have any symptoms of Covid19.**

**PARISH OFFICE:** The Parish Office is open Monday, Wednesday and Friday from 10.00am until 12 Noon. When leaving a voicemail message please state the date and leave a contact number.

**NEWSLETTERS:** Newsletters are available this week. Please do not leave your copy in the Church.

**WEEKDAY MASSES:** Morning Masses throughout the week will be at 9.30am on Tuesday, Wednesday, Thursday and Friday. Please check the weekly Newsletter for the Mass Intentions.

Saturday 22 <sup>nd</sup> January	6.30pm	Alan Howard RIP	<b>Our Lady on Saturday</b>
Sunday 23 <sup>rd</sup> January	9.00am 11.00am	Pat Brennan RIP Rosemary McDermott RIP	<b>THIRD SUNDAY OF THE YEAR Sunday of the Word of God</b>
Monday 24 <sup>th</sup> January	<b>NO MASS</b>		<b>St Francis de Sales</b>
Tuesday 25 <sup>th</sup> January	9.30am	Pat Brennan RIP	<b>CONVERSION OF ST PAUL</b>
Wednesday 26 <sup>th</sup> January	9.30am	Margaret Hughes RIP	<b>SS Timothy &amp; Titus</b>
Thursday 27 <sup>th</sup> January	9.30am	Abraham Oseo RIP	<b>St Angela Merici</b>
Friday 28 <sup>th</sup> January	9.30am	Pat Brennan RIP	<b>St Thomas Aquinas</b>
Saturday 29 <sup>th</sup> January	6.30pm	Betty Murphy RIP	<b>Our Lady on Saturday</b>

Entrance Antiphon	<b>O Sing a new song to the Lord; sing to the Lord, all the earth. In his presence are majesty and splendour, strength and honour in his holy place.</b>
Psalms Response	<b>Your words are spirit, Lord, and they are life.</b>
Gospel Acclamation	<b>Alleluia, alleluia! The Lord has sent me to bring the good news to the poor, to proclaim liberty to captives. Alleluia!</b>
Communion Antiphon	<b>Look toward the Lord and be radiant; let your faces not be abashed.</b>

**FIRST HOLY COMMUNION 2022 - PARENTS MEETING:** A Meeting for Parents of children registered to receive the Sacrament of First Holy Communion in 2022 will take place on Saturday 5th February 2022 at 3.00pm in the Church. It is important that every child has a parent or guardian in attendance at this Meeting.

**READERS:** Bishop David will preside at a Service of the Word in the Cathedral at 3.00pm on Sunday 23<sup>rd</sup> January celebrating the Sunday of the Word of God. Readers are encouraged to attend the service; current Covid-19 guidance and protocol being adhered to. The service will be live streamed for those who cannot attend.

**FIRST SATURDAY OF THE MONTH DEVOTIONS:** On the First Saturday of each month there will be Rosary and Adoration with Confessions at 11.00am followed by Mass at 11.30am. The next Saturday Devotion will take place on Saturday 5<sup>th</sup> February 2022.

**PREPARATION FOR BAPTISM:** If you wish to have your child baptised in 2022 at Sacred Heart Church then please speak to Fr Mirek or Deacon Jim after Sunday Mass. A Baptism Preparation Class **must be undertaken** before Baptism can go ahead. Dates for Baptism Preparation Classes are advertised on the Noticeboard. All classes start promptly at 3.30pm. Please note the next Baptism Preparation Class takes place on Saturday 26<sup>th</sup> February 2022. Please speak to Deacon Jim to book your place.

**WHITE FLOWER APPEAL 2022:** Society for the Protection of Unborn Children – Postcards are still available in the Foyer for Parishioners to complete, sign and then return by post to SPUC. Please act now to protect pro-life speech.

**NOAH – URGENT APPEAL:** NOAH Enterprise is appealing for the following urgent items for their community shops: clothing, shoes, toys and bric-a-brac. If you have any unwanted items in good condition, please consider donating them to either the Lewsey Farm NOAH or High Town NOAH shop. Thank you for your support. (High Town Shop Tel: 01582 736751 or the Lewsey Farm Shop Tel: 01582 6627737). **Please do not leave items in the blue bins at Sacred Heart Church.**

**LUX.PILGRIMAGE:** While COVID-19 rates remain high across the UK it is with a heavy heart that NYMO regretfully have had to make the very difficult decision to cancel LUX.Pilgrimage.... It was not an easy decision but one they feel is the most sensible at this current time taking everything into consideration. NYMO would like to express their thanks for the support of their events and hope that they can get back to meeting face to face very soon. If you have any questions regarding this, please do not hesitate to contact Fiona email [fiona@nymo.org](mailto:fiona@nymo.org) or visit [www.nymo.org/lux](http://www.nymo.org/lux).

**HAVING FUN HELPING OTHERS:** Luton Catenians are organising 'Masquerade – a fun evening of opera' on Saturday 26<sup>th</sup> February at Holy Ghost Parish Centre, 33 Westbourne Rd, Luton LU4 8JD in aid of NOAH, the Luton-based charity working across Bedfordshire offering hope and support to people struggling against homelessness and exclusion. Whether you are an opera lover or not you will be enraptured by the singing and the joyous occasion, so come along to this light but professionally sung gala evening, at the same time supporting a great cause. Bid in advance to have your favourite song performed in front of you. Win the prize for the best masquerade mask. Make up a group, bring your friends and book tickets at £32 per head (a price kept as low as possible even though the event is being staged to generate funds for NOAH) via <https://noah-masquerade-opera.eventbrite.co.uk>. See the Poster on the Noticeboard in the Foyer.

**GET WELL WISHES:** Many thanks for all your prayers and good wishes for Paul Buhagiar. The hospital has informed Greer that Paul should be home this week from hospital where he will continue his recuperation. Please continue to keep Paul and Greer in your thoughts and prayers. We wish Paul well in his recovery back to full health.

**MISSIO - MESSAGE OF THANKS:** Pete and Theresa Crawley wish to thank all parishioners who have contributed to Missio (the red box) over the past year. Red box contributions alone generated £1130.00 which has been sent to Missio. Additional donations were made by parishioners through private and direct payments to Missio. Missio helps local missionaries work alongside global communities that are poor or in need regardless of their background or belief. Your continuous kindness and support given is very humbling.

**PARISH THANKS:** As a Parish we appreciate how much work goes into organising Missio red boxes: delivering red boxes, collecting, counting money, recording, banking and forwarding the donation on behalf of Sacred Heart Parish. We extend our thanks and appreciation to Pete and Theresa for giving their time and commitment to organising this.

**NEEDLE PHOBIA WORKSHOP:** Total Wellbeing Luton will host two face-to-face Needle Phobia Workshops at Hightown Community Sports and Arts Centre, Concorde Street, Luton, LU2 0JD on Monday 24<sup>th</sup> January at 12 Noon and Monday 28<sup>th</sup> February at 6.00pm. Their goal is to help as many people as possible overcome their needle phobia fears so that they can receive the covid/flu jab, donate blood, attend blood tests etc. Their workshops will be led by trained therapists and NHS nurses will be on hand to speak to everyone who attends. No need to book you can just turn up or if you wish to register then feel free to phone 0300 555 4152 to discuss further.

**CATHOLIC SCHOOLS 6<sup>TH</sup> FORM PUBLIC SPEAKING COMPETITION:** 3<sup>rd</sup> March 2022 – 6<sup>th</sup> Form Students, pit your skills against other 6<sup>th</sup> Form Students from across the region, by speaking for four minutes on a subject you are passionate about. Win a monetary prize and recognition for your school. Entry is now open. Please see the Poster on the Noticeboard advertising this competition for further information.

**LUTON DEANERY MARRIAGE COURSE:** Saturday 26<sup>th</sup> February 2022 10.00am to 4.00pm at St. Joseph's Parish Centre. If you are planning to marry next year, please book your place by downloading a booking form at [www.stjosephschurchluton.org.uk](http://www.stjosephschurchluton.org.uk) by Friday 18<sup>th</sup> February 2022.

**NEW BEREAVEMENT SUPPORT GROUP:** A safe place for those who are grieving or who have suffered loss to come together for support. Meetings held in the parish rooms on the second Tuesday of every month from 7.00pm at St John's Church, Luton, LU3 3AL. Contact Kim Gaughan 07488275949 for further information. See Poster and leaflets in the Foyer.

**ACT OF PRAYER AND WITNESS:** Saturday 29<sup>th</sup> January 2022, 1.00pm to 2.00pm Act of Prayer and Witness in support of life and against abortion outside the Luton and Dunstable Hospital. Please come to give witness to our faith and give these children a voice - and to pray for all involved.

**THE GOD WHO SPEAKS – OUR LITURGY OF THE WORD:** A series of online Zoom sessions exploring the upcoming Lectionary readings and Seasons of the Liturgical Year led by the Liturgical Formation Team. Register in advance email [admin@nores.org.uk](mailto:admin@nores.org.uk) or phone 01582 723312 (Ext 1). For further information, see the Poster on the Noticeboard. Cost: No charge but there will be the opportunity to make a donation.

**VOTIVE CANDLES:** When lighting a votive candle please place the candle in an appropriate holder on the stand; do not place lit candles anywhere else on the stand as it is a fire safety hazard. Thank you.

**LUTON FOODBANK:** Food donations (non-perishable) can be placed in the boxes in the Foyer. Thank you.

**THE CATHOLIC NETWORK:** As Catholic writers, editors and publishers, the Catholic Network team know the importance of good, relevant communication. Please support The Catholic Network by subscribing to their free weekly newsletter at [www.thecatholicnetwork.co.uk](http://www.thecatholicnetwork.co.uk)

**ANNIVERSARIES:** Please pray for those whose anniversaries occur at this time:  
Brenda Eileen Ryan 2014; Gladys Wilkins 1972; Edward Molloy 1995; Charles Dephley 1998;  
Philip (Phil) Cusack 2016; Thomas (Tom) Richard Walker 2017; Joseph George Bennett 2014;  
Bridget McLoughlin 1971; Michael Dolan 1986; Arthur Henry Wiggins 2015; Tim Naughton 2021;  
Meta Hatzel 1973; Charles Massey 1988; Edward Popham 1994; Timothy Coakley 2001;  
Norah McDonald 2008; William (Billy) Hannon 2014; Annetta Shane 1964; Lesley Henrik 1977;  
Peter Brown 1992; Dorothy Mulholland 1997; Bridget McDonnell 2012; Elizabeth Blythe 1981;  
Baby Lloyd Shaw 1999; Baby Christopher Rolleston 1982; Oliver Donaghy 1988;  
Patrick Gallagher 1998; Joseph Varga 2003; Peter Joseph Forde 2017 ✠ **May their souls and the souls of all the faithful departed through the mercy of God rest in peace. Amen.**