



HEART TO HEART

Newsletter of the Sacred Heart of Jesus Parish, Luton
Part of the Diocese of Northampton, Province of Westminster and Deanery of St Alban

3rd Sunday of Lent 2021 - Year B - Psalter Week 3 - 7th March 2021

Parish Priest: Fr Mirek Misiura
Parish Deacon: Rev James Bannan
Parish Secretary: Bernadette Horsted
Pastoral Area Representative: Jenny Dowsett
Address: 148 Ashcroft Road, Stopsley, Luton, Beds LU2 9AY
Email: parish.sacredheartofjesus@northamptondiocese.org
Parish Info: sacredheartluton.org
Parish Office: ☎ 723099
Reg Charity No: 234091

Parish Centre Manager: Wesley Weekes
Safeguarding: Margaret Berry and Pat Abela
Redundancy Coaching Info: vitaeopus.co.uk
Pastoral Area Info: lutonpastoralarea.org
Diocesan Info: northamptondiocese.org
Sacred Heart Primary School: ☎ 730781
Cardinal Newman School: ☎ 597125
Hospital Chaplain: ☎ 663706
Hospice Chaplain: ☎ 502400

PARISH OFFICE: The Parish office is closed with, the Parish admin being managed remotely on a part time voluntary basis via the new email address parish.sacredheartofjesus@northamptondiocese.org including for Mass intentions or, alternatively, put any intention details/gifts in the Presbytery letterbox.

MASSES: Our three Public Masses are Saturday 6.30pm and Sunday 9.00am and 11.00am. Covid rules apply to all Public Masses, including face covering (unless exempt), hand sanitising and social distancing. Fr Mirek is celebrating all other Masses privately. There are no private prayer sessions in the Church.

Saturday 6th	6.30pm	Alice Marie Flatley RIP	
Sunday 7th	9.00am 11.00am	Michael (Mitch) Bruce RIP Gabriella Zorpas RIP	SS Perpetua and Felicity
Monday 8 th	Private	Bridie Tobin RIP	St John of God
Tuesday 9 th	Private		St Frances of Rome
Wednesday 10 th	Private		
Thursday 11 th	Private	Faith McAvan RIP	
Friday 12 th	Private	Francesca Silvio RIP	
Saturday 13th	6.30pm	Lisa Doran RIP	

Entrance Antiphon	My eyes are always on the Lord, for he rescues my feet from the snare. Turn to me and have mercy on me, for I am alone and poor.
Psalm Response	You, Lord, have the message of eternal life.
Gospel Acclamation	Praise to you, O Christ, king of eternal glory! I am the resurrection and the life, says the Lord, whoever believes in me will never die. Praise to you, O Christ, king of eternal glory!
Spiritual Communion	My Jesus, I believe that You are present in the Most Holy Sacrament. I love You above all things, and I desire to receive You into my soul. Since I cannot at this moment receive You sacramentally, come at least spiritually into my heart. I embrace You as if You were already there and unite myself wholly to You. Never permit me to be separated from You. Amen.
Communion Antiphon	The sparrow finds a home, and the swallow a nest for her young: by your altars, O Lord of hosts, my King and my God. Blessed are they who dwell in your house, for ever singing your praise.

SACRAMENTS: Weddings with up to 6 attendees and funerals with up to 30 attendees are permitted, with Covid rules applying. Baptisms are by necessity only.

2021 CONFIRMATION CATECHISTS: We need catechists for the 2021 Confirmation programme. If you would like to volunteer, or want more information on what is involved, please ring Bozena on 01582 708693.

STEWARDS AND CLEANERS: If you would like to volunteer as a steward or a cleaner to enable Masses and funerals to continue and are under 70 years of age and not shielding, then please email your contact details to parish.sacredheartofjesus@northamptondiocese.org

REDUNDANCY SUPPORT: Free online job hunting and self employment information and coaching can be found at www.vitaeopus.co.uk. Please pass the web link on to anyone who might find it helpful. NOAH Enterprises are providing free employment related courses at <https://www.noahenterprise.org/> as also are Luton Irish Forum at <https://lutonirishforum.org/>

MARY'S MEALS: Due to the dire situation in Tigray, Ethiopia, your generosity is needed more than ever. If you would like to donate, please go to <https://giving.marysmeals.org/>

PLANNED GIVING ENVELOPES: Weekly planned giving envelopes for 2021/22 will be distributed at each weekend Mass on: 13th/14th, 20th/21st and 27th/28th March plus 10th/11th April. For the weekend of 3rd/4th of April 2021, envelopes will be distributed only at the 9.00 mass on 4th April.

Social distancing protocols apply. When collecting your envelopes, please approach, state your name or the person for whom you are collecting envelopes and they will then be handed to you.

If you are new to the Parish and require envelopes, or if you have changed your address or other contact details, please contact Wes on 01582 738569.

The new envelopes should not be used before the weekend of the 10th/11th April. Thank you.

ST PATRICK'S DAY - WEDNESDAY 17TH MARCH - IRISH FORUM EVENTS: St Patrick's Bacon and Cabbage Lunches - in partnership with O'Shea's Bar and Grill Luton we will be providing home-delivered Bacon and Cabbage lunches to 50 of our most isolated members on St Patrick's Day. You can help by donating at https://www.gofundme.com/f/st-patricks-cabbage-bacon-lunches?utm_campaign=p_cf+share-flow-1&utm_medium=copy_link&utm_source=customer

Free St Patrick's Day Quiz - join online from 7.30pm to 9.30pm for the craic with a special St Patrick's Day Quiz, Don't forget to dress up and turn your screen green! For more information and to book a place go to <https://www.eventbrite.com/e/the-big-st-patricks-quiz-tickets-142549554555>

RETURNING TO IRELAND: A free online Zoom information session for anybody interested in returning to Ireland is being hosted by Luton Irish Forum in partnership with Safehome Ireland. Contact 01582 720447 or email info@lutonirishforum.org for more details or to book your place to attend.

DIOCESAN TRUSTEES: If you are interested in becoming a volunteer Diocesan Trustee now or in the future, then please contact Tony McNiff at COO@northamptondiocese.com

HELPING OTHERS: Please do what you safely can for elderly or vulnerable people in the community, especially those living alone. Pastoral care is available by contacting the Parish Office. Please print and safely pass on this newsletter to Parishioners who do not have online access.

PARISH GIVING: In addition to the other options to make donations (see www.sacredheartluton.org), you can also call the Diocese each Tuesday between **10.00am** and **4.00pm**, a member of the Cathedral team will be available by phone on **01604 712065** for you to make a Parish donation.

PARISH PRAYER GROUP: The Prayer Group continues to gather virtually and would be pleased to pray for any intentions emailed to them at parish.sacredheartofjesus@northamptondiocese.org

MICHAEL (MITCH) BRUCE RIP: The funeral Mass in the Church for Michael (Mitch) Bruce will be at Noon on Monday 15th March followed by cremation. Covid rules apply, including a maximum 30 attendees.

RIP: Please keep Mitch Bruce RIP and Bridie Tobin RIP and their families and friends in your prayers at this difficult and sad time and also all other recently deceased Parishioners and their family and friends.

ANNIVERSARIES: Please pray for those whose anniversaries occur at this time: Mark Trowsdale 2014; Thomas Hyland 1982; Maria Munez 1982; Robert McMillen 1994; Elizabeth Mary Brogan 2014; John Stanton 1969; Baby Kevin Hynes 1975; Patrick Nolan 1990; Charles Drein 2001; Titus Abernethy 2006; Kathleen West 2002; Peter Albert McGarry 2008; Carmel Harte 2019; Robert McDermott 1974; Alice Jepp 1978; Joseph Keegan 2003; John James Doran 2015; Nelson Walter Gallyot 2016; Pauline Mooney 1995; Baby Rebecca Mooney 1995; Lisa Marie Nora Doran 2013; Gerard Crossin 2012; Patrick Cyril Carroll 1973; James Birtwistle 1991; James McCaffrey 1998; Joseph Harbud 2000; Augustine Hynes 2007; Maralaine Cooper 2010; Michael (Mick) McCafferty 2018; Richard Connell 1993; Richard McCleod 2014. ✠ **May their souls and the souls of all the faithful departed through the mercy of God rest in peace. Amen.**