



Heart to Heart

Newsletter of the Sacred Heart of Jesus Parish, Luton – Registered Charity Number 234091
Province of Westminster, Diocese of Northampton, Deanery of St Alban

FIFTH SUNDAY IN ORDINARY TIME

Psalter Week 1 - Year C - Sunday 6th February 2022

Parish Priest: Fr Mirek Misiura
Parish Deacon: Rev James Bannan
Parish Secretary: Bernadette Horsted
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Parish Info: www.sacredheartluton.org
Diocesan Info: www.northamptondiocese.org

Parish Office: 01582 723099
Sacred Heart Primary School: 01582 730781
Cardinal Newman School: 01582 597125
L&D Hospital Chaplain: 01582 663706
Hospice Chaplain: 01582 502400
Pastoral Area Info: www.lutonpastoralarea.org
Free Redundancy Coaching Info: www.vitaeopus.co.uk

NEW COVID GUIDANCE FOR PARISHES: The latest Diocese of Northampton Covid Parish advice (based on the Catholic Bishops of England and Wales (CBEW) Covid guidance) is, in summary, that:

- The main mitigation against serious health issues arising from Covid infection is to be fully vaccinated. This means two doses plus a booster for anyone aged 16 or over. The CBEW and the Diocese of Northampton support and encourage vaccination
- The Diocesan guiding principles, consistent with the updated CBEW advice, continue to be:
 - providing safe places to worship and congregate
 - building confidence across and within our communities
 - respecting the needs of the vulnerable within our communities
 - reacting appropriately to local infection and hospitalisation rates
- **Any people displaying symptoms of Covid-19 should stay at home and not attend Mass**
- Wearing a face covering (both nose and mouth) continues to be encouraged
- Ministers distributing Holy Communion (clergy and lay people) should hand sanitise
- Ministers may continue to wear face coverings when distributing Holy Communion
- Holy Communion must continue to be given under one kind only (the Sacred Host)
- Social distancing is optional with sensitivity to the needs of others encouraged
- Use of hymn books, missals and other worship aids can be resumed
- It is still good practice to sanitise hands on entry and exit of churches
- Congregations are encouraged to wear face coverings while singing
- Good ventilation should continue, balanced against the need for heat
- The usual forms and frequency of church cleaning are sufficient

Saturday 5 th February FIRST SATURDAY DEVOTIONS FIRST HOLY COMMUNION	11-11.30am 11.00am 11.30am 3.00pm 6.30pm	Confessions Rosary and Adoration followed by Mass PARENTS MEETING Michael Gear RIP	St Agatha
Sunday 6 th February BAPTISM:	9.00am 11.00am 12.30pm	Lorna Pike (Birthday Intention) Michael Quin RIP Leo Thomas Coffey	FIFTH SUNDAY OF THE YEAR
Tuesday 8 th February	9.30am		St Jerome Emiliani Victims of Trafficking
Wednesday 9 th February	9.30am	Thanksgiving to Parish – Bridget Brennan & Family	
Thursday 10 th February	9.30am	Gabriella Zorpa (Intention)	St Scholastica
Friday 11 th February	9.30am	Judy Weekes (Birthday Intention)	Our Lady of Lourdes The Sick and Their Carers
Saturday 12 th February	11-11.30am 6.30pm	Confessions Paddy Walsh RIP	Our Lady on Saturday

Entrance Antiphon	O Come, let us worship God and bow low before the God who made us, for he is the Lord our God.
Psalm Response	Before the angels I will bless you, O Lord.
Gospel Acclamation	Alleluia, alleluia! I call you friends, says the Lord, because I have made known to you everything I have learnt from my Father. Alleluia!
Communion Antiphon	Let them thank the Lord for his mercy, his wonders for the children of men for he satisfies the thirsty soul, and the hungry he fills with good things.

PARISH OFFICE: The Parish Office is open Monday, Wednesday and Friday from 10.00am until 12 Noon. When leaving a voicemail message please state the date and leave a contact number.

WEEKDAY MASSES: Morning Masses throughout the week will be at 9.30am on Tuesday, Wednesday, Thursday and Friday. Please check the weekly Newsletter for the Mass Intentions.

CONFESSIONS: Every Saturday at 11.00-11.30am.

PAT BRENNAN RIP: Pat's wife Bridget and family wish to express their sincere appreciation to all family, friends, Fr Mirek and Parishioners who offered support following Pat's death. They would like to thank all who sent Mass cards, gave generous donations to Keech Hospice in memory of Pat, offered words of comfort and those who attended Pat's funeral. Such kindness and support shown at such a difficult and sad time will always be remembered and has meant so much to Bridget and all the family. A Mass has been offered in thanksgiving for you all. Please continue to keep Bridget and her family in your thoughts and prayers.

DAY OF PRAYER: During this period of Ordinary Time, we are asked to pray especially for these intentions: Victims of Trafficking - 8th February, The Sick and Their Carers - 11th February.

PREPARATION FOR BAPTISM: If you wish to have your child baptised in 2022 at Sacred Heart Church then please speak to Fr Mirek or Deacon Jim after Sunday Mass. A Baptism Preparation Class **must be undertaken** before Baptism can go ahead. Dates for Baptism Preparation Classes are advertised on the Noticeboard. All classes start promptly at 3.30pm. Please note the next Baptism Preparation Class takes place on Saturday 26th February 2022. Please speak to Deacon Jim to book your place.

WELCOME: Leo Thomas Coffey who is to be baptised into the community of the Sacred Heart of Jesus Parish this weekend.

VOLUNTEER SAFEGUARDING REP REQUIRED FOR SACRED HEART PARISH: Please contact Fr Mirek or the Parish Office if you are interested in this role to discuss further.

NOAH: NOAH Enterprise is appealing for the following items for their community shops: clothing, shoes, toys and bric-a-brac. If you have any unwanted items in good condition, please consider donating them to either the Lewsey Farm NOAH or High Town NOAH shop. (High Town Shop Tel: 01582 736751 or the Lewsey Farm Shop Tel: 01582 6627737). **Please do not leave items in the blue bins at Sacred Heart Church.**

VACANCY: Help with personal care for an elderly lady within the Sacred Heart Parish Catchment area. Tasks will include assisting with bathing/showering/dressing. Help required, preferably 7 mornings from 8.30am, but would be flexible and happy to discuss receiving help 5 mornings a week with the right applicant. Hours and payment to be discussed and agreed with the lady's husband and family. If you are interested and can provide care in a way that is discreet and respectful then please, in the first instance, forward the following information to the Parish Office: name, contact number and details of your relevant work experience in the Care, Home Help or Nursing profession. Your details, in confidence, will be forwarded to the family.

NEEDLE PHOBIA WORKSHOP: Total Wellbeing Luton will host a face-to-face Needle Phobia Workshop at Hightown Community Sports and Arts Centre, Concorde Street, Luton, LU2 0JD on Monday 28th February at 6.00pm. Their goal is to help as many people as possible overcome their needle phobia fears so that they can receive the covid/flu jab, donate blood, attend blood tests etc. The workshop will be led by trained therapists and NHS nurses will be on hand to speak to everyone who attends. No need to book you can just turn up or if you wish to register then feel free to phone 0300 555 4152 to discuss further.

PACT INVITATION: Sir Harold Hood Memorial Lecture, Thursday 24th February 6-8.30pm at Westminster Cathedral Hall, London. The lecture will be given by Professor Anna Rowlands: Reimagining Human Dignity in Dark Times. There will be some spoken word poetry from a former prisoner and a short film of two former prisoners talking about their lives and their faith. For further information and booking registration visit www.prisonadvice.org.uk/Event/sir-harold-hood-memorial-lecture-2022

HAVING FUN HELPING OTHERS: Luton Catenians are organising 'Masquerade – a fun evening of opera' on Saturday 26th February at Holy Ghost Parish Centre, 33 Westbourne Rd, Luton LU4 8JD in aid of NOAH, the Luton-based charity working across Bedfordshire offering hope and support to people struggling against homelessness and exclusion. Make up a group, bring your friends and book tickets at £32 per head (a price kept as low as possible even though the event is being staged to generate funds for NOAH) via <https://noah-masquerade-opera.eventbrite.co.uk>. See the Poster on the Noticeboard in the Foyer.

LUTON DEANERY MARRIAGE COURSE: Saturday 26th February 2022 10.00am to 4.00pm at St. Joseph's Parish Centre. If you are planning to marry next year, please book your place by downloading a booking form at www.stjosephschurchluton.org.uk by Friday 18th February 2022.

TREE PROJECT: You are invited to attend an event at Stopsley Baptist Church, St Thomas' Road, Luton, LU2 7XP on Wednesday 23rd February 7.00pm-9.00pm to learn more about how the TREE project aims to tackle concerns around violence and the criminal exploitation of children and young people in our communities. For further information please contact: Gareth Williams 07740 457985 or Bernie Dunne 07919 111827. (Please see the Poster on the Noticeboard.)

CATHOLIC SCHOOLS 6TH FORM PUBLIC SPEAKING COMPETITION: 3rd March 2022 – 6th Form Students, pit your skills against other 6th Form Students from across the region, by speaking for four minutes on a subject you are passionate about. Win a monetary prize and recognition for your school. Entry is now open. Please see the Poster on the Noticeboard advertising this competition for further information.

LUTON FOODBANK: Food donations (non-perishable) can be placed in the boxes in the Foyer.

NEW BEREAVEMENT SUPPORT GROUP: A safe place for those who are grieving or who have suffered loss to come together for support. Meetings held in the parish rooms on the second Tuesday of every month from 7.00pm at St John's Church, Luton, LU3 3AL. Contact Kim Gaughan 07488275949 for further information. See Poster and leaflets in the Foyer.

ACT OF PRAYER AND WITNESS: Friday 11th February 2022, 11.00am to 12 Noon. Act of Prayer and Witness in support of life and against abortion, outside the Abortion Centre in Cardiff Road, Luton. Organised by Helpers of God's Precious Infants.

THE GOD WHO SPEAKS – OUR LITURGY OF THE WORD: A series of online Zoom sessions exploring the upcoming Lectionary readings and Seasons of the Liturgical Year led by the Liturgical Formation Team. Register in advance email admin@nores.org.uk or phone 01582 723312 (Ext 1). For further information, see the Poster on the Noticeboard. Cost: No charge but there will be the opportunity to make a donation.

THE CATHOLIC NETWORK: As Catholic writers, editors and publishers, the Catholic Network team know the importance of good, relevant communication. Please support The Catholic Network by subscribing to their free weekly newsletter at www.thecatholicnetwork.co.uk

ANNIVERSARIES: Please pray for those whose anniversaries occur at this time:
William Joyclin 1957; Theresa McStravick 1960; Catherine Duffy 1974; John Ryan 1979;
Kathleen Hosey 1993; Bridget Barber 1998; John McAuliffe 1999; David Walker 1999;
Dominic Rocha 2017; Mary Arnold 1956; David Archer 1989; Grace Law 1993;
Elizabeth McManus 1994; Joseph Griffiths 2005; Helen Kelly 1952; Baby Moira Doran 1961;
Baby Jeanette Leach 1973; Liborio Catuara 1979; Evelia Beresford 1994;
Kathleen Anne McGuirk 2015; Carlo Pontone 2016; Elizabeth Dunne 2000; Patrick Kelly 1969;
Matthew Ennis 1983; Susanne Oates 2009; Anne Robinson 1960; Sarah Ryan 1976;
Cecelia Smoker 2003; Anthony Gleeson 2005 ✠ **May their souls and the souls of all the faithful departed through the mercy of God rest in peace. Amen.**