Heart to Heart

Newsletter of the Sacred Heart of Jesus Parish, Luton
Diocese of Northampton, Deanery of St Alban
Registered Charity Number: 234091

YEAR A – Sunday 15th February 2026
SIXTH SUNDAY IN ORDINARY TIME
Psalter Week 2

RESPONSORIAL PSALM:	**Blessed are those who walk in the law of the Lord.**

Parish Priest: Rev Fr Allan R. Jones, CRIC, M.A., MTh.
Parish Deacon: Rev James Bannan (On Sabbatical)
Parish Secretary: Bernadette Horsted

Address: 148 Ashcroft Road, Stopsley, Luton, Beds., LU2 9AY
Parish Office: parish.sacredheartofjesus@northamptondiocese.org
Parish Hall: hallbookings.sacredheartofjesus@northamptondiocese.org
Safeguarding: safeguarding.sacredheartofjesus@northamptondiocese.org
Free Redundancy Coaching Info: www.vitaeopus.co.uk

Parish Info: www.sacredheartluton.org
Diocesan Info: www.northamptondiocese.org
Pastoral Area Info: www.lutonpastoralarea.org

Parish Office: 01582 723099
Sacred Heart Primary School: 01582 287480
Cardinal Newman School: 01582 597125
L&D Hospital Chaplain: 01582 497370
Hospice Chaplain: 01582 502400

Saturday 14th February	5.45pm 6.00pm-6.20pm 6.30pm	Evening Prayer Confessions Peggy McGirl RIP	**SS CYRIL, MONK AND METHODIUS, BISHOP Co-Patrons of Europe**
Sunday 15th February **PARISH HALL**	8.30am 9.00am 11.00am **Teas and Coffees** **3.00pm**	Morning Prayer Marek Serafin RIP (1st Anniversary) People of Our Parish **Bethany Mass**	**SIXTH SUNDAY IN ORDINARY TIME** **Day of Prayer for the Unemployed**
Monday 16th February	9.30am	Healing (Private Intention)	
Tuesday 17th February	9.30am	Michael Naughton RIP **PRAYER GROUP**: Prayer for our needs, those of the Parish and beyond	
Wednesday 18th February	**9.30am** **7.30pm**	Dominic Regan RIP	**ASH WEDNESDAY** **Psalter Week 4**
Thursday 19th February	9.30am	Holy Souls	
Friday 20th February	**6.30pm** **7.00pm** **Following 7pm Mass**	Evening Prayer People of Our Parish **Stations of the Cross**	
Saturday 21st February	5.45pm 6.00pm-6.20pm 6.30pm	Evening Prayer Confessions Michael Naughton RIP	
Sunday 22nd February **PARISH HALL**	8.30am 9.00am 11.00am **Teas and Coffees** **3.00pm**	Morning Prayer People of Our Parish Monica McIntyre RIP **Rite of Election**, Northampton Cathedral	**FIRST SUNDAY OF LENT**

PARISH HALL: The Parish Hall is open this Sunday after the 11.00am Mass for teas and coffees. All welcome!

CONFESSION: Confessions are available 6.00pm - 6.20pm every Saturday, after Stations of the Cross on Fridays during Lent, or by appointment.

MORNING PRAYER: Monday-Thursday this week - 8.50am followed by Rosary – All welcome.
EVENING PRAYER: Friday 6.30pm (During Lent).

POPE'S PRAYER INTENTION FOR FEBRUARY: For children with incurable diseases
Let us pray that children suffering from incurable diseases and their families receive the necessary medical care and support, never losing strength and hope.

BETHANY MASS: Sacred Heart on **Sunday 15th February at 3.00pm**. Refreshments in the Parish Hall afterwards. A warm welcome to Sacred Heart to Fr Kevin O'Driscoll who will be presiding.

ASH WEDNESDAY: The Season of Lent begins on **Wednesday 18th February,** Ash Wednesday. It is a day of fasting and abstinence i.e. no meat. **Mass and distribution of ashes at 9.30am and 7.30pm.**

FIRST RECONCILIATION: Congratulations to our young parishioners preparing for First Holy Communion who received the Sacrament of Reconciliation last weekend. Please continue to keep our young parishioners in your prayers.

RIP: Please remember Mary Plummer, Jim Carway, Carol Ziccardi and Mary Bray (Cousin of Margaret Buckley) who died recently. Please keep Mary, Jim, Carol and Mary in your prayers and keep their families and friends in your thoughts and prayers at this very sad and difficult time.

FUNERAL DETAILS: Mary Elizabeth Plummer RIP; Funeral Service Tuesday 24th February 10.00am at Sacred Heart Church.
Carol Ziccardi RIP, Funeral Thursday 12th March 10.45am at Sacred Heart Church.

MASS INTENTIONS: Mass intentions moved for unforeseen reasons (e.g. funerals) will be honoured on another day. Please provide contact details when requesting intentions and check the weekly newsletters.

FIRST ANNIVERSARY - MAREK SERAFIN RIP: Please remember Marek in your prayers as his family gather at Sacred Heart this weekend to lovingly honour Marek on his first anniversary. Please keep Marek's family in your thoughts and prayers at this difficult time.

SACRAMENT OF THE SICK: If you wish to receive the Sacrament of the Sick or to ask for a relative/friend then please contact Fr Allan or telephone/email the Parish Office.

SILVER WEDDING ANNIVERSARY: Congratulations to Alocious Gabriel and Jijy Alocious who recently celebrated their 25th Wedding Anniversary.

THURSDAY CLUB: Please note Thursday Club will be **closed on Thursday 19th February**. Thursday Club will recommence on Thursday 26th February. Please contact anyone that you may feel would benefit from attending the Thursday Club and extend a warm welcome to come along to Sacred Heart's Parish Hall to have a chat and a cup of tea - **Thursday 10.00am-12 Noon**. All welcome!

PARISHIONERS: There are many parishioners who are unwell at the moment, both at home and in hospital. The Church is not always notified. Please let the Parish Office know if you are aware of a parishioner who is unwell (name/address/telephone number or family contact details).

LITURGY OF THE WORD ZOOM SESSIONS FOR 2026: The God Who Speaks – Our Liturgy of the Word:
A series of online Zoom Sessions exploring the upcoming Lectionary Readings and Seasons of the Liturgical Year. Led by the Liturgical Formation Team.
Future sessions in 2026: Wednesday 8th April, Wednesday 8th July, Wednesday 9th September, Wednesday 11th November.
Each session runs from 7.30pm-8.30pm Cost: No charge but there will be the opportunity to make a donation. Please register in advance to secure a place by emailing
deaconpeter.collins@northamptondiocese.org **Full details on Poster displayed on the Noticeboard.**

ST VINCENT DE PAUL SOCIETY: At our Masses this weekend **14th/15th February** there will be an appeal for members from our local St Vincent de Paul Society to hear about their work in our town and how you can you can turn your concern into action by joining them.

JOURNEY WITH JESUS THROUGH LENT: During Lent, the Pastoral Development Vicariate is offering the opportunity for online small group sessions once a week for **6 weeks beginning w.c. 16th February.** During each weekly small group session, facilitators will be using St Beuno's Outreach Prego resources, allowing you to pray and reflect on Scripture for the coming Sunday. Within the session, there will also be time for silent reflection and sharing what spoke to you from Scripture. Sessions will be available on various days and times. For information visit: **https://northamptondiocese.org/lenten-journey/**

BAPTISM PREPARATION: If you wish to have your child baptised at Sacred Heart Church a Baptism Preparation Class must be undertaken before Baptism can go ahead. Please contact the Parish Office to discuss further and to book your place. Baptism Preparation Classes for 2026 will take place on **Thursday 5th March at 7.00pm, Thursday 4th June at 7.00pm and Thursday 3rd September at 7.00pm.** Please make sure you have registered as a parishioner with the Parish through the CASPAR link.

WALKING IN THE HOLY SPIRIT (FANNING INTO FLAMES): The Northampton Charismatic Diocesan Services of Communion (CDSC) invite parishioners to take part in *Walking in the Holy Spirit (Fanning into Flames)* — a four-part monthly online series exploring how the Holy Spirit shapes, strengthens, and sends us out as disciples of Christ. Each Zoom session offers accessible teaching and practical encouragement to deepen our relationship with the Holy Spirit and grow in confidence in everyday Christian life. **Sessions run from 7.00–8.30pm on Tuesdays:**

- **17th February – Growth – Fr Emmanuel Okami**
- **17th March – Bonding – Speaker to be confirmed**
- **16th June – Empowerment – Charles Whitehead**
- **14th July – Mission – Maria Heath**

All are welcome. More information: **https://northamptondiocese.org/courses/walking-in-the-holy-spirit/**

STATIONS OF THE CROSS: During Lent there will be the opportunity to attend Stations of the Cross each Friday. **There will be no Friday morning 9.30am Mass except on Friday 6th March (KS2 Sacred Heart Primary School attending). Mass throughout Lent will be at 7.00pm each Friday commencing Friday 20th February followed by Stations of the Cross.** All welcome to attend.

NATIONAL BOARD OF CATHOLIC WOMEN: Dr Phyllis Zagano, world expert on the role of women in the Catholic Church, will be joining the National Board of Catholic Women (NBCW) on **Thursday 26th February online at 6.30pm, for a conversation entitled: The Synod and Women: Which Way to the Future?**
Dr Zagano joins the NBCW (a consultative body to the Bishops' Conference of England and Wales) at the beginning of an exciting year of innovative engagement with Catholic women.
To register and find out more, please visit: **https://www.nbcw.co.uk**

ADORE SPIRITUAL MINI-RETREAT: 28th February 10.00am-1.00pm on Zoom: "JESUS – NO GREATER LOVE"
What is our relationship with Jesus, the source of eternal love? Mini retreat morning including Mass, Adoration, Praise, Prophecy, Prayer for the gifts of the Holy Spirit, and an inspiring talk from guest speaker Charles Whitehead KSG, celebrated international renewal leader, speaker, and author.
Register in advance at bit.ly/ADOREFEB2026 More information at www.altonrenewal.com

HEALING SERVICE AT THE CATHEDRAL: Saturday 28th February, 7.30pm. Maybe consider inviting a friend! They might not even be interested in Church, but often people are open to the idea of receiving healing! All welcome. See Poster on the Noticeboard.

CAFOD LENT APPEAL – FAMILY FAST DAY COLLECTION: This Lent, live out the Gospel call to love your neighbour. By fasting and giving what you save, you join in Christ's compassion and help another family put food on the table. Your donation can help families around the world grow food in difficult conditions – such as on flood-resistant floating gardens or using solar-powered water pumps in times of drought. Collect a CAFOD envelope, available in the Foyer, to bless others with your support, donate online at **cafod.org.uk/envelope** or call 0303 303 3030.
Text CAFODLENT to 70085 to donate £10, or scan QR Code below:

Family Fast Day, Friday 27th February. Second collection at Masses weekend 28th February, 1st March.

WANT TO VOLUNTEER FOR ST PATRICK'S? Saturday 14th March - Volunteers needed for the Parade, band area, dance area, craft stall. Lunch provided for all day volunteers. Please call 01582 720447 or email **info@lutonirishforum.org**

STOP ASSISTED SUICIDE - FURTHER ACTION NEEDED! Please take 30 seconds to stop assisted suicide from being forced into law. Right To Life UK has made an EasyAction tool to email your MP asking them to oppose attempts to force assisted suicide into law by bypassing the House of Lords.
Please visit **www.righttolife.org.uk/ASCommons2026** to ask your MP to oppose forcing the assisted suicide Bill into law.

COME AND SEE – DISCERNMENT DAY FOR MEN: Are you a man who is wondering whether God may be calling you to the priesthood? The Diocese warmly invites you to "Come and See" — a day of prayer, reflection, and questions for men who are thinking about or discerning a vocation to the priesthood. **Date: Saturday 28th March, 2026**
Programme: A day including prayer, reflection, input on priestly vocation, and an open Q&A
Who is it for? Men who are exploring, questioning, or discerning a call to the priesthood
Where? Our Lady of Christian and St Lawrence, Olney.
This day offers a relaxed and supportive opportunity to reflect on God's call, to learn more about priestly life, and to ask honest questions in a prayerful setting. **To register your interest or for more information, please contact: Fr Pius: vocationsdirector@northamptondiocese.org Tel:** 01753 523147

PROPERTY AREA CO-ORDINATORS – VACANCIES: Northampton Diocese is currently recruiting three Property Area Coordinators, each responsible for the maintenance, compliance, and performance of a defined portfolio of properties within an allocated geographic area of the Diocese. The role ensures that buildings are safe, legally compliant, well maintained, and fit for mission and ministry, while providing support to parishes, clergy, and diocesan stakeholders.
This is a full-time, 12-month fixed-term contract, with the possibility of extension or becoming permanent. As each role covers a different part of the Diocese, three area-specific Job Descriptions are available, and candidates should review the one relevant to their preferred location.
The closing date for applications is Friday 7th March 2026. Interview dates will be confirmed in due course; however, Northampton Diocese reserves the right to close the advert early should a sufficient number of applications be received. Full information and an application form can be found by visiting **https://northamptondiocese.org/jobs** All candidates should complete a Diocesan application form and email it to: **hr.admin@northamptondiocese.org**

CSSA THEMATIC INSPECTION: SURVIVOR ENGAGEMENT AND SUPPORT: The Catholic Safeguarding Standards Agency (CSSA) has launched a public survey as part of its thematic inspection on survivor engagement and support. Victims and survivors of abuse—whether recent or historic—are invited to share their experiences of contact with dioceses and Religious Life Groups.
In Northampton, we continue to walk alongside survivors through initiatives such as the Healing Garden at Northampton Cathedral. Survivors are encouraged to participate in the survey, helping shape a safer Church for all. Visit:
https://forms.office.com/Pages/ResponsePage.aspx?id=SSQzRY2fT0OpJmB_Xy63KLBEXoG2tlVAm_9UYqKjMSFUOTc5TzlLTEdTWkUySjhaTlU0QURaOU05SC4u

PARISH WEEKLY COLLECTION: Figures for w/e 08.02.2026: Envelopes £621.70; Loose Cash £208.87; Total £830.57 Thank you. Many parishioners give faithfully through the offertory collection each week. Did you know that if you are a UK taxpayer, your gift could be worth 25% more at no extra cost to you? Through Gift Aid, a donation of £10 becomes £12.50 — and we can even reclaim up to four years of past donations. Signing up is simple, confidential, and makes a big difference to parish life. Find out more at: **https://northamptondiocese.org/gift-aid/**

RIP ANNIVERSARIES: Please pray for those whose anniversaries occur at this time:
Michael (Mitch) Bruce 2021; Rosalia Giugno 1986; Margaret Foley 1989; Lesley Snook 1992; Albino Pluda 1999; Mary Carrigan 2000; Josephine Coady 1992; Kay Webb 1998; Patrick (Paddy) Walsh 2008; Peter Joseph English 2025; John Money 1970; Anne Shiels 2004; Edward Kaflowski 1987; Mary Nally 2015; Clara Olabisi Ogunde 2011; Alfonso Siggia 1983; Annie McLandey 1981; Maureen Ann Smith 2014; Patrick Cyril Carroll 2014; Benjamin Wallsworth 1993; Carole Ann King 2018; Denis Batchelor 1969; Bernard (Benny) Langan 2009; Christine Mary Kearns 2016; Presita Isidro Lanuza 'Precy' 2022 ✠ **May their souls and the souls of all the faithful departed through the mercy of God rest in peace. Amen**

PARISH REGISTRATION: To complete your parish registration, please use the QR code at the top of the Newsletter on the right, or go to **www.caspar.church/me?ID=56040**, or contact the parish office for assistance.
If you do not have an email address then please pick up a form in the Foyer to give your authority for the Parish Office to register you. Please remember to include the following information on the back of the form: Name, Address, Postcode, Telephone Number (if applicable)