



HEART TO HEART

Newsletter of the Sacred Heart of Jesus Parish, Luton
Part of the Diocese of Northampton, Province of Westminster and Deanery of St Alban

6th Sunday of Easter - Year B - Psalter Week 2 - 9th May 2021

Parish Priest: Fr Mirek Misiura
Parish Deacon: Rev James Bannan
Parish Secretary: Bernadette Horsted
Pastoral Area Representative: Jenny Dowsett
Address: 148 Ashcroft Road, Stopsley, Luton, Beds LU2 9AY
Email: parish.sacredheartofjesus@northamptondiocese.org
Parish Info: sacredheartluton.org
Parish Office: ☎ 723099
Reg Charity No: 234091

Parish Centre Manager: Wesley Weekes
Safeguarding: Margaret Berry and Pat Abela
Redundancy Coaching Info: vitaeopus.co.uk
Pastoral Area Info: lutonpastoralarea.org
Diocesan Info: northamptondiocese.org
Sacred Heart Primary School: ☎ 730781
Cardinal Newman School: ☎ 597125
L&D Hospital Chaplain: ☎ 663706
Hospice Chaplain: ☎ 502400

PARISH OFFICE: The Parish office is closed, with the Parish admin being managed remotely on a part time voluntary basis via the new Parish email address of parish.sacredheartofjesus@northamptondiocese.org

SACRAMENTS: Weddings of up to 6 attendees and funerals of up to 30 attendees are permitted, with Covid rules applying. Baptisms are by necessity only. Confessions are available by individual appointment.

MASSES: Public Masses are indicated below in bold. Face covering (unless exempt), hand sanitising and social distancing apply. All other Masses are celebrated privately. There are no private prayer sessions.

Saturday 8th	6.30pm	John Bonner RIP	
Sunday 9th	9.00am 11.00am	Jim Gibson RIP Anne O'Halloran - get well	
Monday 10 th	Private	Tom Carey RIP	
Tuesday 11 th	Private		St Fremund
Wednesday 12 th	Private	Helen Dixon RIP	St Pancras
Thursday 13 th	Private	Paddy Goldsboro RIP	Ascension of the Lord
Friday 14 th	Private	Kay Quigley RIP	St Matthias
Saturday 15th	6.30pm	Patrick Joseph McGovern RIP	

SPIRITUAL COMMUNION: My Jesus, I believe that You are present in the Most Holy Sacrament. I love You above all things, and I desire to receive You into my soul. Since I cannot at this moment receive You sacramentally, come at least spiritually into my heart. I embrace You as if You were already there and unite myself wholly to You. Never permit me to be separated from You. Amen.

Entrance Antiphon	Proclaim a joyful sound and let it be heard; proclaim to the ends of the earth: the Lord has freed his people, alleluia.
Psalm Response	The Lord has shown his salvation to the nations.
Gospel Acclamation	Alleluia, alleluia! Jesus said 'If anyone loves me he will keep my word, and my Father will love him, and we shall come to him.' Alleluia!
Communion Antiphon	If you love me, keep my commandments, says the Lord, and I will ask the Father and he will send you another Paraclete, to abide with you for ever, alleluia.

STEWARDS AND CLEANERS: If you are under 70 years of age and not shielding, you can volunteer as a steward or cleaner for Masses and funerals by emailing parish.sacredheartofjesus@northamptondiocese.org

REDUNDANCY COACHING: <https://www.vitaeopus.co.uk> provides free online information and advice about Job Hunting, Self Employment and Active Retirement for Parishioners adversely affected workwise by the pandemic. Please pass the link on to anyone who may find it useful.

DIVINE RENOVATION: On Monday 10th May at 7.30pm there will be a Diocesan Summer Webinar entitled 'Transforming our parish culture'. An evening of inspiration and practical ideas as we look to the future of our parishes. With internationally renowned worship leader and musician Jo Boyce of CJM music. You can find out more and register at https://readalong_divine_renovation.eventbrite.co.uk

THY KINGDOM COME: 13th to 24th May 2021 - pray with Christians across the world each day between Ascension and Pentecost. Pray for 5 people you know to come closer to the Lord. Pray for our families. Pray for those who have lost contact with the Church. Pray in whatever way you can. For downloadable resources and ideas including Catholic daily prayer, a novena, journey with Mary and a prayer journal go to <https://www.thykingdomcome.global>

NOVENA: You are invited to pray the Novena to the Holy Spirit from 13th May to 21st May.

Novena Prayer: Come, Holy Spirit, fill the hearts of your faithful. And kindle in us the fire of your love. Send forth your Spirit and we shall be created. And you will renew the face of the earth. Our Father... Our Lady, Spouse of the Holy Spirit, pray for us. Glory be...

Come Holy Spirit and fill us with the gifts of:

Wisdom: the capacity to love spiritual things more than material ones

Understanding: to understand how we need to live as followers of Christ

Right Judgement: to know what to do especially in difficult situations

Courage: to overcome our fear and be willing to take risks as a follower of Jesus Christ

Knowledge: to understand the meaning of God

Awe and Wonder: to be aware of the Glory and Majesty of God

Reverence: A deep sense of respect for God and the Church

LIFETEEN SUMMER CAMP 2021: The Summer Camp is a fab few days of fun, friendship, formation and lots more for 12 to 18 year olds. It will be at Alton Castle from 3.00pm Wednesday 28th July to 2.00pm Sunday 1st August 2021. For more information and the booking page visit <https://nymo.org/summercamp/>

CATHOLIC BASICS: This engaging introduction to the Catholic faith is offered in four parts: God, The Church, The Moral Life, Prayer. Monday evening Zoom presentations from 7.00pm to 8:30pm on June 7th, 14th, 21st and 28th 2021. There is a £20 cost for the course pack of four texts. For more information and to book a place, contact Ann Collon at admin@nores.org.uk or call 01582 723312.

VACCINATION: Pope Francis has been vaccinated against COVID-19 and urges everyone to also do so to protect not only their own lives but those of others. "I believe that ethically everyone should take the vaccine," the Pope said in a TV interview. "It is an ethical choice because you are gambling with your health, with your life, but you are also gambling with the lives of others."

FREE COVID HOME TESTING KITS: Every household can now order a free pack of 7, Covid-19 home test kits. These are able to produce a result in 20 to 30 minutes. Households can order one pack, once a week. These will be very good to use before meeting any friends or family to know that you are clear of Covid-19. Use the link below for more information and ordering <https://www.gov.uk/order-coronavirus-rapid-lateral-flow-tests> You can also order by phone free of charge on 119 between 7.00am and 11.00pm.

CAFOD: CAFOD is working with experienced local Church agency (Caritas India) to provide vital support to poor and marginalised communities. Donations to CAFOD's Coronavirus Appeal will help Caritas India distribute PPE kits to frontline health workers, promote COVID and vaccine awareness campaigns, and set up safely run isolation and quarantine centres. You can donate at <https://cafod.org.uk/>. Please also keep praying for the people of India and all who have been affected by the pandemic.

ONLINE MARRIAGE SUPPORT: If your marriage is under stress 'SmartLoving BreakThrough' can help identify your conflict triggers, learn strategies to de-escalate an argument and find constructive ways to re-establish connection. Available anywhere, anytime through an online platform, the course is private, doesn't require your spouse to participate and is subsidised by a generous UK donor. Restore hope for your relationship by visiting <https://www.smartloving.org/bto-uk>

DIOCESAN TRUSTEES: If you are interested in becoming a volunteer Diocesan Trustee now or in the future, then please contact Tony McNiff at COO@northamptondiocese.com

EASTER GARDEN: St Clare's (3 Abigail Close, LU31ND) Easter Garden is open for private prayer from 10.00am to 6.00pm daily. A place of silence and reflection where all are welcome. Face coverings are essential. The Chapel, however, is closed.

RIP: Please keep Helen Dixon RIP, Paddy Goldsboro RIP and all other recently deceased Parishioners in your prayers at this difficult and sad time for their families and friends.

ANNIVERSARIES: Please pray for those whose anniversaries occur at this time: Stefano Mini 1999; Eilish Ann Young 2008; James Gibson 2010; Amira Edmonds 1982; Alexander Stewart 1983; John Burke 1994; Maura Gordon 2000; Joseph Zych 2000; Kenneth Drakeley 2019; Daisy Burns 1998; Kathleen Hailey 2009; James McGee 1969; Jeanne Hetherington 2003; George Joseph Gallagher 2019; Thomas Dickinson 1977; Rosemary McCormack 1998; Michael Joseph Moughan 2009; Philomena Foster 2009; Baby Damien McGeoghan 1985; Patrick McAuley 1997; Margaret Rose Gralton 2018; Margaret Murray 1979; Ann Marie (Nancy) Galvin 2012; Bat Murphy 2005; Laurence (Laurie) Coyne 2018; Martin Vizard 2019. ✠ **May their souls and the souls of all the faithful departed through the mercy of God rest in peace. Amen.**