Heart to Heart

Newsletter of the Sacred Heart of Jesus Parish, Luton
Diocese of Northampton, Deanery of St Alban
Registered Charity Number: 234091

YEAR A – Sunday 31st May 2026
THE MOST HOLY TRINITY
Psalter Week 1

RESPONSORIAL PSALM:	**To be praised and highly exalted for ever!**

Parish Priest: Rev Fr Allan R. Jones, CRIC, M.A., MTh.
Parish Deacon: Rev James Bannan (On Sabbatical)
Parish Secretary: Bernadette Horsted

Address: 148 Ashcroft Road, Stopsley, Luton, Beds., LU2 9AY
Parish Office: parish.sacredheartofjesus@northamptondiocese.org
Parish Hall: hallbookings.sacredheartofjesus@northamptondiocese.org
Safeguarding: safeguarding.sacredheartofjesus@northamptondiocese.org
Free Redundancy Coaching Info: www.vitaeopus.co.uk

Parish Info: www.sacredheartluton.org
Diocesan Info: www.northamptondiocese.org
Pastoral Area Info: www.lutonpastoralarea.org

Parish Office: 01582 723099
Sacred Heart Primary School: 01582 287480
Cardinal Newman School: 01582 597125
L&D Hospital Chaplain: 01582 497370
Hospice Chaplain: 01582 502400

Saturday 30th May	**5.45pm** **6.00pm-6.20pm** **6.30pm**	Evening Prayer Confession Martin Vizard RIP	
Sunday 31st May **PARISH HALL**	**8.30am** 9.00am 11.00am **Teas and Coffees**	Morning Prayer Josephine Votor RIP People of Our Parish	**THE MOST HOLY TRINITY**
Monday 1st June	**9.30am**	Jerzy Pastuszek RIP (2nd Anniversary)	**St Justin, Martyr**
Tuesday 2nd June	**9.30am**	**PRAYER GROUP:** : Prayer for our needs, those of the Parish and beyond	
Wednesday 3rd June	**9.30am**	**Healing (Private Intention)**	**St Charles Lwanga and Martyrs of Uganda**
Thursday 4th June	**10.00am-12 Noon** **2.00pm** **7.00pm**	**THURSDAY CLUB** **REQUIEM: ENRICO MATTERA** Baptism Preparation Class	
Friday 5th June	**9.30am** **KS2 St Kizito attending**		**St Kizito**
Saturday 6th June	**5.45pm** **600pm-6.20pm** **6.30pm**	Evening Prayer Confession Eddie Gallagher RIP	**St Norbert**
Sunday 7th June **PARISH HALL**	**8.30am** 9.00am **11.00am** **Teas and Coffees**	Morning Prayer Rosemary McKenna RIP **FIRST HOLY COMMUNION MASS** People of Our Parish	**THE BODY AND BLOOD OF CHRIST** **CORPUS CHRISTI**

PARISH HALL: Open after Sunday 11.00am Mass for teas and coffees. All welcome!

CONFESSION: Confessions are available 6.00pm - 6.20pm every Saturday, or by appointment.

MORNING PRAYER: 9.00am Monday, Tuesday, Wednesday and Friday – Please note change of time.

POPE'S PRAYER INTENTION FOR JUNE: For the values of sports
Let us pray that sports be an instrument of peace, encounter, and dialogue among cultures and nations, and that they promote values such as respect, solidarity, and personal growth.

SACRAMENT OF THE SICK: If you wish to receive the Sacrament of the Sick or to ask for a relative/friend then please contact Fr Allan or telephone/email the Parish Office.

MASS INTENTIONS: Mass intentions moved for unforeseen reasons (e.g. funerals) will be honoured on another day. Please provide contact details when requesting intentions and check the weekly newsletters.

DEANERY ST ALBAN'S FEAST DAY MASS: Friday 19th June 2026 7.30pm at Holy Ghost, 33 Westbourne Road, Luton, LU4 8JD. All welcome!

RIP: Please remember Enrico Mattera, Garie Paulo Johnnette (brother of Selwyn Jean-Baptiste), Mary Burke and Kathleen Dodd who died recently. Please keep Enrico, Garie, Mary and Kathleen in your prayers and keep their families and friends in your thoughts and prayers at this very sad and difficult time.

FUNERAL DETAILS:
Enrico Mattera RIP, Requiem Thursday 4th June at 2.00pm at Sacred Heart.
Mary Burke RIP, Tuesday 16th June 11.30am at The Vale.
Kathleen Mary Dodd RIP, Friday 19th June at 2.00pm at The Vale.

THURSDAY CLUB: Thursday Club reopens Thursday 4th June. Please contact anyone that you may feel would benefit from attending the Thursday Club and extend a warm welcome to come along to Sacred Heart's Parish Hall to have a chat and a cup of tea - **Thursday 10.00am-12 Noon**. All welcome!

PARISHIONERS: There are many parishioners who are unwell at the moment, both at home and in hospital. The Church is not always notified. Please let the Parish Office know if you are aware of a parishioner who is unwell (name/address/telephone number or family contact details).

DEANERY ADORATION AND CONFESSION: Posters on the Parish Noticeboard show all Adoration and Confession times available within the Deanery.

BAPTISM PREPARATION: If you wish to have your child baptised at Sacred Heart Church a Baptism Preparation Class must be undertaken before Baptism can go ahead. Please contact the Parish Office to discuss further and to book your place. The next Baptism Preparation Class will take place on Thursday 4th June at 7.00pm in the Church. Please register with the Parish through the CASPAR link.

PARISH WEEKLY COLLECTION: Figures for w/e 24.05.26 Envelopes £465.31; Loose Cash £677.95; Total £1143.26 Thank you. Thank you. Many parishioners give faithfully through the offertory collection each week. Did you know that if you are a UK taxpayer, your gift could be worth 25% more at no extra cost to you? Through Gift Aid, a donation of £10 becomes £12.50 — and we can even reclaim up to four years of past donations. Signing up is simple, confidential, and makes a big difference to parish life. Find out more at: **https://northamptondiocese.org/gift-aid/**

CALLED & EQUIPPED 2026-27: Want to go deeper in your faith? Is now the time to take the next step? Our year-long Called & Equipped discipleship course begins again this September, offering a foundation in Catholic teaching and a journey of faith formation, with a like-minded community. This course is for anyone active in parish life or coming into ministry.
Sign up to the introductory webinar on Wednesday 24th June, 7:30-8.30pm
https://northamptondiocese.org/called-equipped/

NOAH: Please note there will be no NOAH Blue Bins to accept donations at Sacred Heart during the month of June. Please do not leave any donations in the Foyer.

CSSA THEMATIC INSPECTION: SURVIVOR ENGAGEMENT AND SUPPORT: The Catholic Safeguarding Standards Agency (CSSA) has launched a public survey as part of its thematic inspection on survivor engagement and support. Victims and survivors of abuse—whether recent or historic—are invited to share their experiences of contact with dioceses and Religious Life Groups.
In Northampton, we continue to walk alongside survivors through initiatives such as the Healing Garden at Northampton Cathedral. Survivors are encouraged to participate in the survey, helping shape a safer Church for all. Visit:
https://forms.office.com/Pages/ResponsePage.aspx?id=SSQzRY2fT0OpJmB_Xy63KLBEXoG2tlVAm_9UYqKjMSFUOTc5TzlLTEdTWkUySjhaTlU0QURaOU05SC4u

HEALING GARDEN: Parishioners and friends are invited to the blessing of the new gazebo in the Healing Garden at the Cathedral of Northampton on **Saturday 6th June**. All are welcomed from **2-3.30pm** to join us in giving thanks for this new space of prayer, reflection and healing. Following the blessing and prayers, there will be pizza and light refreshments, as well as art and craft activities for children to ensure it is a joyful and family-friendly occasion. **Please RSVP by 30th May to bishopssecretary@northamptondiocese.com**

ADVANCE NOTICE: FIRST HOLY COMMUNIONS AT SACRED HEART, JUNE 2026: Please note this year the children will be receiving the Sacrament of the Eucharist during two dedicated **11.00am Sunday Masses – 7th June and 14th June**. Parishioners who usually attend 11.00am Mass are welcome to attend but please be aware seating will be limited to the outside aisles only. The centre aisles will be reserved for first holy communicants and their families. Please pray for our young parishioners preparing for the Sacraments.

DEANERY CORPUS CHRISTI PROCESSION: Sunday 7th June 3.00pm, Holy Ghost, 33 Westbourne Road, Luton, LU4 8JD. Sunday 7th June 2026, 3.00pm. First Holy Communion children are encouraged to wear their first Holy Communion Clothes and lead the procession with those recently confirmed. Catholics walking with Jesus - a wonderful opportunity to witness to our Faith.

VACANCIES:
OPERATIONS MANAGER Full details and application form at lutonfoodbank.org.uk/jobs
PROJECT COORDINATOR Full details and application form at lutonfoodbank.org.uk/jobs
Closes 8th June

VISIT OF THE RELICS OF ST GERARD MAJELLA: Wednesday 10th June at 7.00pm at Our Lady's Luton. Mass at 7.00pm with Sermon. Relics available for prayer for an hour beforehand. Blessings with the relics after Mass.

CHURCHES TOGETHER IN LUTON: PRAISE IN THE PARK – Free Entry – 27th June from 12 Noon-8.00pm, Wardown Park, Luton LU2 7HA. All welcome – Music, Community, Unity. See Poster in the Foyer.

FIDDLES, FLUTES 'N' COWBOY BOOTS: A day filled with warmth, smiles, dancing & live music for the whole family. Saturday 4th July 2026 at Stockwood Park Rugby Club, London Rd, Luton LU1 3RN **Buy Tickets online on ffcbfestival.com or contact fiddlesnflutes@btinternet.com or mobile tel:07810153828.** Do try and come - raffle money goes to local charities

PILGRIMAGE TO WALSINGHAM FOR THE SANCTITY OF LIFE: Saturday 1st August 2026. Led by Bishop Peter Collins (East Anglia). Coaches leave St Mary's Dunstable at 7.20am, St Joseph's Luton at 7.40am (No parking – Vigil Mass that evening), Our Lady's Luton at 8.00am. Adults £27.00, children, teenagers and students £8.00. Seats reserved only with payment. Bring a packed lunch and drinks. **For more information go to www.prolifepilgrimage.org and to book kevin.drew@btinternet.com or 07802 525581.**

LITURGY OF THE WORD ZOOM SESSIONS FOR 2026: The God Who Speaks – Our Liturgy of the Word:
A series of online Zoom Sessions exploring the upcoming Lectionary Readings and Seasons of the Liturgical Year. Led by the Liturgical Formation Team.
Future sessions in 2026: Wednesday 8th July, Wednesday 9th September, Wednesday 11th November.
Each session runs from 7.30pm-8.30pm Cost: No charge but there will be the opportunity to make a donation. Please register in advance to secure a place by emailing **deaconpeter.collins@northamptondiocese.org Full details on Poster displayed on the Noticeboard.**

MEN'S SHED – SUNDON PARK: Following a really successful "Come and See" event, Sundon Park Men's Shed will be opening weekly each Thursday 10:30am–12:30pm, at St John's Parish Centre, Sundon Park Road, Luton, LU3 3AL. Men's Sheds are friendly, informal places for men 55+ to meet people, enjoy a cuppa, share skills, learn something practical, and spend time in good company—whether you're handy with tools or just fancy a chat. The Shed is about connection and wellbeing as much as making and mending, and you can be as involved as you like: turn up, have a look around, suggest ideas, or help shape what the Shed becomes. Everyone is welcome—bring a friend. For more information, contact Joe on 07939 190424 or Deacon Jim Hannigan 07756 685220

FAITH ART PRIZE 2026: Artists of all background are invited to submit work to The Faith Art Prize, where they could share in a total prize fund of £30,000. The international competition, formerly known as the Laudamus Award, explores faith, devotion and spirituality. **The deadline is 5pm on 1st October**, and the entry fee is £15 for one piece of work, £25 for two, or £35 for three. Up to 100 shortlisted works will be exhibited at Westminster Cathedral in London from 9th-13th November. You can find out more and enter, at **https://artopps.co.uk/opportunities/thefaithartprize**

SAVE THE DATE: DIOCESAN MASS FOR MARRIAGE AND FAMILIES: The annual Mass for Marriage and Families is a popular Diocesan event returning again at Northampton Cathedral on **5th September 2026 at noon**. All are welcome, and as usual we look to congratulate couples celebrating milestone anniversaries this year. Please mark your diary, and watch for a registration link coming soon.

DIOCESAN RESIDENTIAL YOUTH WEEKEND: Young people from across the diocese are invited to join a residential summer weekend filled with games, discussions, activities, socialising, and prayer. This will take place on 17th-19th July 2026 at Buckden Towers, St Neots, and is aimed at young people aged 11-18. This is a great opportunity to meet new people, reconnect with old friends, and take a break from everyday life in a relaxed and supportive environment. The cost of the weekend includes accommodation, all meals, and organised social activities. There will also be a tuck shop available throughout the weekend, so participants may wish to bring some spending money for additional snacks. The diocesan youth team will be staying on site for the full weekend, providing supervision, support, and pastoral care. Young people will stay in shared rooms at Buckden Towers. If you have any questions about room arrangements, or if you need support with transport, please contact **nymo.admin@northamptondiocese.com.** **Booking is essential, and places must be paid for in advance.** If you have any concerns about the cost of the weekend, please get in touch - happy to discuss support options in confidence.

RIP ANNIVERSARIES: Please pray for those whose anniversaries occur at this time:
Soccorro Roque Fernandes 2021; Elizabeth Ridley 2007; John Lally 2010; Mary Trafford 2014; Caran Forde 1993; James Cronin 2007; Mary Hall 1963; Hilda West 1968; Patricia McEwan 1982; Mary Braun 1984; Robert Walker 1985; Michele Russo 1995; Charles McCann 1998; Martha Docherty 1983; Gary Dolan 2001; Stephen Donnachie 2003; Georgina Docherty 2012; Patrick Anthony (Tony) McGarry 2015; James Duffy 1975; Baby Andrew Foxen 1993; Ellen Smith 1996; Terry Tasker 2008 ✠ **May their souls and the souls of all the faithful departed through the mercy of God rest in peace. Amen**

PARISH REGISTRATION: To complete your parish registration, please use the QR code at the top of the Newsletter on the right, or go to **www.caspar.church/me?ID=56040**, or contact the parish office for assistance.

If you do not have an email address then please pick up a form in the Foyer to give your authority for the Parish Office to register you. Please remember to include the following information on the back of the form: Name, Address, Postcode, Telephone Number (if applicable).